



The Summit

NEWS FROM THE NEIGHBORHOOD

THE SUMMIT HILL ASSOCIATION • DISTRICT 16 • BIMONTHLY NEWSLETTER, ISSUE #91 • OCTOBER 2007

You Still Have Time to Run for an SHA Board Seat – Oct. 11th!

Evening Also Includes Candidates Forum for St. Paul City Council – Ward 2

Mark your calendars! If you want a strong and healthy neighborhood and would like to take an active role in guiding its future, consider running for a position on the Board of Directors of the Summit Hill Association (SHA). We need your ideas, your time and your enthusiasm. The SHA Annual Meeting and Elections will take place at 7:00 p.m. on Thursday, October 11th in the Linwood Community Center Gymnasium. **The evening also includes a Candidates Forum for City Council Ward 2** and an opportunity for you to ask questions of and meet the two candidates who have been invited to attend: Dave Thune (incumbent) and Bill Hosko. Finally, SHA will be providing a free dessert buffet for voters attending the meeting.

The SHA Board of Directors consists of twenty-one members. This year, there will be 12 seats up for election. Terms

last up to three years. The Board of Directors meets one evening each month, the second Thursday. Each director also participates on one of the standing committees of the SHA.

SHA Board Candidate eligibility - All candidates must be at least eighteen (18) years of age - with the exception of those running for the student representative seat on the Board who must be at least sixteen (16) years of age. Anyone who lives in, owns property or a business, or serves as the designated representative of a business located in the neighborhood (District 16) is a member of SHA and eligible to run. District 16 boundaries are Summit Ave. on the north, Ayd Mill Road on the west, Hwy. 35E on the south and Ramsey St. on the east. We encourage people who rent in the Summit Hill neighborhood to become involved, as renters have typically been under-represented on the board.

If as a business owner you want to designate a representative of your business to run in your place, you will need to submit a letter to SHA for that person attesting that that person is your official representative in running for a seat on the Board.

Voting - Anyone 16 or older who lives in, owns property or a business, or serves as the designated representative of a business located in the neighborhood is a member of SHA and eligible to vote for up to 12 candidates.

Have Proof of Membership for Voting/or Running for Office

Please bring any of the following to verify your eligibility as a member of SHA:

- Driver's License or valid state ID with current address within the District

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- Utility bill with current address and picture ID.
- For business owners: a business card with business address on it or similar document showing ownership of business within district.
- For a designated representative of an eligible business: a letter from the business owner designating you as the sole representative for the election.

Sam Morgan Upper Prairie Replant Successful!

by Todd Wichman, SHA Environment Committee Chair

On Saturday, September 8th, nearly 20 volunteers, mostly high school students, gathered to replant the upper portion of the Sam Morgan Prairie at Linwood Park. Organized by the SHA Environment Committee in coordination with the City of St. Paul Parks and Recreation, the planting was led by City of St. Paul Parks employees Meghan Manhattan and Ann Boyer. The strong volunteer turnout was organized by neighborhood resident and student Griffin Fox. Griffin is seeking an Eagle Scout badge and saw this as a great opportunity for him and his team to provide a community service and learn about the prairie at the same time.

The morning preparation and planting took about 3 hours. Five species of native grasses and 8 species of forbs were planted on top of the bluff just off the footpath and several feet down the slope. Among

the plantings are June Grass, Side Oats Gramma, Spiderwort, Blazing Star and Black-Eyed Susan. You can find this newly planted area wherever you see the freshly spread mulch.

Please keep off the planting on the bluff as these new plants will need time to get rooted in and established. The SHA Environment Committee, Chair Todd Wichman and Executive Director Jeff Roy wish to thank all who participated in making this an extremely successful event. Please call the SHA office if you have any questions or comments about the Sam Morgan Prairie or want to volunteer with the SHA Environment Committee.

The Sam Morgan Prairie is a surviving remnant of native prairie that once flourished on the hillsides and bluffs above the

Mississippi River Valley here in the Twin Cities. Prairie, a plant community dominated by grasses and sustained by periodic burning, once covered large areas of Minnesota. We are fortunate that the Morgan Prairie remnant was rediscovered in the 1990's, and that through the combined efforts of the Summit Hill Association (SHA) and many generous individuals and organizations - the work of prairie restoration and preservation has continued since that time.



Project Volunteers: Griffin Fox, John Angst, John Siekmeier, Nathaniel Fox, Geoffrey Fox, Stephanie Fenelon, Quinn Sarafolean, Megan Manhattan (city), Matt Hoyland, Erin Fox, Ed Fox (not pictured), Nick Klein, Joey Griffith, Tony Doran, Ann Boyer (city), Mark Olander, Todd Wichman (SHA Environment Committee Chair).

Summit Hill Association District 16 Planning Council

860 St. Clair Avenue
Saint Paul, MN 55105
Telephone 651-222-1222; Fax 651-222-1558
e-mail <summithill@visi.com>

Check out our web site at
www.summithillassociation.org

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SHA News and



Let Them Cross Safely.

Think of the Impact You Could Make. Stop for Pedestrians. It's the Law!

The 2007 SHA Board

Eduardo Barrera, 1083 Osceola Avenue
Nancy Breymeier, 745 Grand Avenue
Merritt Clapp-Smith, 785 Goodrich Ave.
Maureen Flahavan, 1073 Lincoln Avenue
Tammy Haas, 1037 Lincoln Avenue
Eric Hedberg, 1021 Lincoln Avenue
Alisa Lein, 894 Grand Avenue, #304
Jaimee Lucke, 1184 Fairmount Avenue
Marcia Odman, 969 Goodrich Avenue
Dave Ramberg, 1080 Fairmount Avenue
Deborah Rathman, 775 Fairmount Avenue
Mark Sutherland, 1141 Lincoln Avenue
JoAnn Verweij, 1000 Lincoln Avenue
Elizabeth Wefel, 977 Goodrich Avenue, #4
Jim White, 1071 Fairmount Avenue
Todd Wichman, 870 Osceola Avenue
Linda Winsor, 708 Goodrich Avenue

Next Election: Oct. 11, 2007

How Are We Doing?

As we publish each issue of *The Summit* newsletter, we are always looking for ways to improve it for our readers. Please take a moment to send us your suggestions, criticism and kudos (we'll take those too!) as to what you think about *The Summit*. Our email address is summithill@visi.com and our mailing address is 860 St. Clair Ave. Thanks.
The Editors

Pleasures of Seeing South of Summit

2008 Summit Hill House Tour

What does it mean, exactly, this "house tour?" How can you tour a house? The way you visit Chichen Itza? As we stroll through Summit Hill, are we *just overwhelmed* by the place? What do we bring? What do we take away?

These questions challenge your hosts as we plan for this year's House Tour. We want you to take away the idea of a neighborhood with a vital past and lively present, a network of human pathways built by folks who have a stake in where they live.

So, we plan to tell you stories — about how we live here now, what we know and how we remember those who came before us.

When you visit one house, you'll keep in mind other houses, too — the place across the way, the neighborhood that

holds this dwelling and the street that saw its children grow up, play on its lawns, climb its trees and live out its history, changing the place to suit families and neighbors.

The Summit Hill House Tour 2008 is organized around four "clusters" of homes that share a common history. They will not have experienced it in exactly the same way — but they will have lived through an historical moment together.

Each is a neighborhood in itself. From now, until the houses open their doors to you on September 14, 2008, we'll give you a preview of each of these neighborhoods and let slip a story or two to intrigue you and your friends.

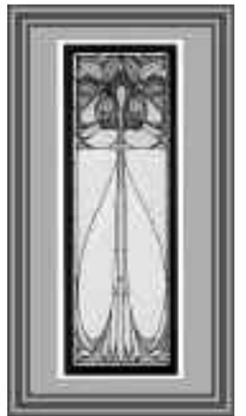
We have asked the community to interpret our neighborhood in thoughtful,

impressionistic ways — meditations from homeowners, insights from crafts people, artists from our schools, entertainers and young musicians to play for you, as you move from room-to-room. You will also hear from historians, wise philosophers and wry pundits. Expect to use your iPod, your cell phone — and to find some of the stories on the World Wide Web.

Take in the stories of Summit Hill. Share your own stories with your neighbors. **South of Summit** is not just a house tour.

You are being invited into a community of shared memory.

Welcome.



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SHA Board Elections

Continued from page 1

Submit Your Nominations Statement Now!

To run for the board, you will need to submit a short statement about yourself, your interests and why you would like to serve as a member of the Board of Directors of the Summit Hill Association/District 16 Planning Council.

If you would like to learn more about the benefits and responsibilities of serving as a board member, please contact the Summit Hill Association office or go on-line to get information and a nominations form at www.summithillassociation.org (link is under "Upcoming Events" on the homepage).

Finally, it is important for you to attend the October 11th Annual Meeting to introduce yourself to everyone before the voting. If you would like additional information, call Jeff Roy or Diane Hilden at the SHA office at 222-1222, or contact us via e-mail at summithill@visi.com.

What Do You Think of *The Summit*?

From time to time, it's important for a newsletter of any kind to check in with its readers to find out how we are doing serving your interests. Please take a moment to complete the short response form below and **mail it to us at SHA, Linwood Rec Center, 860 St. Clair Ave., 55105**. Thanks!

1. Do you find the SHA neighborhood newsletter **The Summit** valuable?

Yes__ No__ Comments: _____

2. What Summit newsletter article "topics" have been most valuable to you as a Summit Hill residents, property or business owner? Comments: _____

3. What do you consider to be the 2 most important neighborhood issues that should be covered in future issues of **The Summit**?

1. _____

2. _____

4. How do you think the newsletter could be improved? Comments: _____

5. Are you interested in volunteering to serve on the Communication Committee or some other SHA project? (Full listing of SHA projects can be found on our website at www.summithillassociation.org.) ___Yes, please contact me:

Name _____ at _____

6. Please indicate who you are by circling one or more of the following:

Homeowner Business owner/manager Rental property owner
 Renter Business employee Commercial property owner

Thank you for taking the time to reply. You can also keep up to date on neighborhood happenings through our website www.summithillassociation.org.



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Event Updates

UPCOMING EVENTS

Fall Garage Sale – Oct. 6th
Saturday, October 6th from 9 a.m. until mid-afternoon. Sale site flyers are at each location that is designated by a yellow sign with Summit Hill Neighborhood Garage Sale printed on the sign. Additional leaflets are available for the public to pick up at the SHA office starting Thursday, Oct. 4th.

2007 SHA Annual Fundraising Appeal – Nov.
To perform our work effectively, SHA relies on financial support from a variety of sources, including contributions from individual community members. Although the City provides a stipend to fund a portion of our expenses, we count on several private fundraising projects to cover the gap between the city grant and our total expenses. Our Annual Fundraising Campaign letter will be coming out in November. Please look for it in your mail box.

South of Summit House Tour
The South of Summit House Tour is already set for Sunday, Sept. 14, 2008. Many generous neighbors will open their unique and beautiful homes for this walking tour of our historic neighborhood. Visitors will experience a wide array of houses and condominiums and interiors and architectural styles. We are still looking at houses for the tour, so if you would be interested in having your house on this fabulous tour, please call the SHA office at 651-222-1222. It is a fun experience and a great motivator to get those little projects done!

It remains one of the most popular historic house tours in Minnesota and draws visitors from all over the state and the upper Midwest. The Summit Hill Association relies on this biennial fund-raiser to support all of its activities including neighborhood crime prevention, citizen participation in zoning and other neighborhood planning activities, recycling and public space initiatives. If you are interested in volunteering to help plan the event, call the SHA office at 222-1222 or email at summithill@visi.com. Thanks!

Meet Your Neighbors, Share a Great Meal!

* * * * *
**Summit Hill Neighborhood
Progressive Supper
Saturday, November 10th
6:00 – 11:00 p.m.**

Have you heard about the Summit Hill Association's Progressive Supper? It's been a neighborhood tradition for over twenty years. Twice a year, in April and November, the Summit Hill Association sponsors this wonderful event. The evening consists of four courses, each of which is served in a different home. Neighbors visit a different host home for social hour (appetizers), soup or salad, main course, and dessert. Each participating household serves one course to six to twelve guests. It's a great opportunity to meet new Summit Hill residents, and to reconnect with familiar neighbors. And, of course, the food is always fabulous!

The Fall Progressive Supper is slated for Saturday, Nov. 10th. Cost for participation in the supper is \$5.00 per household. To participate, please complete the form below, include a check for \$5.00 (made out to SHA) and mail to:

Tammy Haas
1037 Lincoln Avenue
Saint Paul, MN 55105.

For more information, or to reserve space by phone, please call Tammy Haas at 227-4023 or email at tamarastable@aol.com; or Julie Eszlinger Jensen at 297-8818 or email at eszjens@juno.com.

The deadline for registration is Nov. 1st.



Fall Progressive Supper Registration Form

Saturday, November 10th, 6:00 - 11:00 p.m.

Form due to Tammy Haas by November 1st

Name(s) _____

Address _____

Phone _____

Please indicate 1st and 2nd choices for the course you wish to serve, and the number of people to be served (minimum 8, including the hosts):

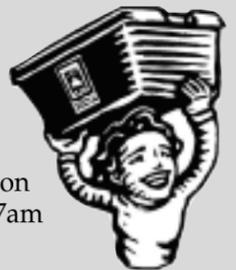
1st Choice	2nd Choice		Number to be served:
_____	_____	Social Hour (6:00 – 7:00 p.m.)	_____
_____	_____	Soup or Salad (7:15 – 8:15 p.m.)	_____
_____	_____	Main Course (8:30 – 9:45 p.m.)	_____
_____	_____	Dessert (10:00 – 11:00 p.m.)	_____

Mail to: Tammy Haas, 1037 Lincoln Avenue, St. Paul, MN 55105

2007-'08 SHA MEETINGS & EVENTS

- Meetings are held in the Linwood Community Center, 860 St. Clair Avenue
- Dates and times may change - call SHA office to confirm: 651-222-1222
- Executive Committee: last Thursday, 7 PM
- Board of Directors: 2nd Thursday, 7 PM
- Communications Committee: last Monday, 7 PM (call for location)
- Development Committee: 1st Thursday, 7 PM (call for location)
- Pedest. Safety/Traffic Calming: 2nd Mon. 7 PM
- Zoning/Land Use: 1st Thursday, 7 PM (not monthly; call to confirm schedule)

Curbside Recycling:
Every Friday; recycling must be out on the curb by 7am



OCTOBER

- 1 Summit Newsletter arrives
- 4 Development Committee
- 6 **Fall Garage Sale**
- 8 Pedestrian Safety/Traffic Calming
- 11 **Annual Meeting and Election**
- 25 Executive Committee
- 29 Communications Committee

NOVEMBER

- 1 Development Committee
- 8 Board of Directors
- 10 **Fall Progressive Supper**
- 12 Pedestrian Safety/Traffic Calming
- 26 Communications Committee
- 29 Executive Committee

DECEMBER

- 1 Summit Newsletter arrives
- 6 Development Committee
- 10 Pedestrian Safety/Traffic Calming

JANUARY 2008

- 3 Development Committee
- 10 Board of Directors
- 14 Pedestrian Safety/Traffic Calming
- 28 Communications Committee
- 31 Executive Committee

FEBRUARY

- 1 Summit Newsletter arrives
- 7 Development Committee
- 11 Pedestrian Safety/Traffic Calming
- 14 Board of Directors
- 25 Communications Committee
- 28 Executive Committee

**NEXT DEADLINE:
11/8/07, Noon**

THE SUMMIT Staff

Jeff Roy - writer/editor. Thanks to all contributing writers. Michelle Mitchell - Ad Sales. Graphics & layout by Becky Siekmeier of Grand Graphics.

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WINDSHIELD REMINDER

Please cut out this flyer and use it to help educate drivers



Don't Park Too Close to Corners

Are you having trouble seeing to cross the street, by foot or by car, because your view is blocked by parked cars?

It is against the law to park within:

- 30 feet of a stop sign or traffic light
- 20 feet of a sidewalk at an intersection
- 10 feet of a fire hydrant
- 5 feet from alleys and driveways

Call St. Paul Parking Enforcement at 266-5585 for problem parkers and help make the neighborhood safer for pedestrians AND drivers.



Summit Hill pedestrian safety lawn signs are available now for \$5 each.

Send a check made out to the Summit Hill Association, along with the information below to:

The Summit Hill Association
860 St. Clair Avenue., St. Paul, MN 55105

For more information, call the office: 651-222-1222.

Name: _____

Address: _____

Phone: _____

Qty of signs: _____

Amount enclosed: \$ _____



Happenings In Gaslights & Ghosts

By Gabrielle Horner

Summit Hill's last original electric streetlight (circa 1900's) can be found in a garden facing Grand Ave., east of Dale. The light was preserved by "Doc Chopp," a dentist and businessman who helped lead Grand's revitalization in the 1970's. Summit Hill has the oldest functioning electric streetlights in the city (1921), which still light Summit Ave and our neighborhood. Your street light is a city antique if "Union Metal, Ohio" is stamped at the base.

The only remaining gaslights in St. Paul are adjacent to the Ramsey House in Irvine Park. After its invention in 1784 gaslight dominated the industrial world. By 1859, most cities built "manufactured gas works" and created gas for lighting (primarily carbon monoxide and hydrogen) by a patented process that carburated super-heated coal with oxygen and steam. Coal was shipped from Pittsburgh by steamboat.

The 1856 Territorial Legislature authorized a charter for St. Paul Gas Light Co. Inc, with Alexander Ramsey elected as the company's first President (he was also Territorial Governor 1849-1853, St. Paul's Mayor 1855, Governor 1860-1863, and U.S. Senator 1863-1875). The gas works were located at the corner of historic Olive & 5th Street (now covered by I-94), and the city's first gas lamps were lit in 1861.

The early history of the gas company was a tale of debt and woe. General H.H. Sibley (The state's 1st Governor --



First electric street light in Summit Hill. Photo by Gabe Horner.

after narrowly defeating Alexander Ramsey) was elected President of the company in 1867, and served until his death in 1891. During Sibley's tenure, the company served growing suburbs such as the Hill District with efficient payments aided by the newly invented gas meter (1880).

Gaslights peaked in the roaring '20's. About that time, a medical journal first proposed that anyone who saw a "ghost" was really suffering from carbon monoxide poisoning which results in powerful auditory and visual halluci-

nations, depression and sensations of illness or dread – phenomena associated with "haunted houses." May the spirits of General Sibley and Senator Ramsey keep you safe in Summit Hill where within the walls of your home the gas pipes they governed rest peacefully after decades of service. Happy Halloween!

We continue to search for historic neighborhood photos (1900-1970). If your family has photos or memories to share, please contact gabehorner@comcast.net.



Gardener Especiale

Judith Gavin, our "Gardener Especiale" can often be seen watering, mulching and tending to the trees and gardens around the Linwood Rec Center. A long-time Summit Hill Association volunteer and member of the SHA Environment & Beautification Committee, we are fortunate for all of the energy and efforts Judith has consistently and passionately put in over the years to ensure that the Linwood upper gardens, Sam Morgan Prairie and other landscaping continues to thrive. In this photo, during this summer's drought, she is working hard (in the heat!) to refresh the young boulevard trees along St. Clair. Those white 50-gal drums in the background, she bought and filled with water herself. Thank you, thank you, Judith.

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The 'Hill Area

Have an Idea? Let Us Know!

If you have an idea for improving our community please share it by contacting the SHA by mail, e-mail, web site or phone. See the front cover for contact information.

We Need Your Help Finding a New Home!

Block Nurse Program for Summit Hill

The Summit Hill Living at Home Block Nurse Program is urgently looking for office space in the Summit Hill neighborhood by November 1st. We require an unused, private space (we need to be able to lock the door due to client information). We would be able to reimburse a modest fee per month. Please contact Nina Hakanson 651-224-7859 or Julie Poupore 651-222-7884.

In working with the 65 and older population for many years, I've come to know there is a universal trait that many of them share; resistance. At some point after 65, all of their family and friends think they could benefit by some help.

Family and friends are able to recite many tasks that are difficult for their loved ones to do. Yet the elder, believes or wants to believe, they're managing fine. "I want to be independent" is the phrase I hear over and over. Yet, I have seen that when elders accept services earlier, they can remain at home longer. I believe that none of us are truly inde-

pendent and that we all give and we all receive.

So...why is this concept so important? The Living at Home/Block Nurse Program's mission is to help you remain in your home and offers you ways to do this. I would encourage you to call us so we can help you be proactive in your planning for the future.

Please feel free to call us any time, to ask about our services, or let us help you figure out a solution to your issue. There probably aren't too many situations that we haven't seen before. We can be reached at 651.222.7884.

If you have a couple of hours to volunteer and drive an elder to a doctor's visit, we'd love to hear from you. This is an important service we offer to our clients and we could use some more people.

Julie Poupore,
Program Director, Summit Hill LAH/BNP

Lincoln Avenue Block Club Starts A Book Club

By Jamine Ewine

Our block book club started last fall when one of the newer neighbors inquired if anyone was interested in starting one. We put together a flyer and set up an informational lunch meeting. Our first lunch meeting started with five ladies and now our group consists of twelve neighbor women. Our group has women of all ages and includes: stay-at-home moms, grandmothers, a retired teacher, a physician, a pharmacist and business executives. We meet once a month on a week day over lunch. We each take a turn hosting a light lunch and then have a discussion about the book. If the hostess is feeling especially creative she will relate the lunch menu to the book. For example, when we read Crescent by Diana Abu-Jaber (whose main character is a chef in a Lebanese restaurant) our menu consisted of pita bread, hummus, baba ghanoush, tabbouli, baklava and other Mediterranean foods.

Our book discussions usually move into non-book related discussions and have

known to run several hours. Before we leave the meeting, we select the next month's book, date and hostess. To reduce trips to the library and/or book stores, we are utilizing the Dakota County Library "Book Club In A Bag". This includes ten books and discussion questions in a canvas bag. One lady in our group picks up the bag and distributes the books to everyone who is able to attend the next meeting.

Even though most of us have lived on the block for many years, due to the book club we have spent more time together and gotten to know each other in a completely different way. We have learned things about ourselves and our neighbors that we never would have known. After several meetings, a few husbands expressed an interest in our group. We're not sure if they're interested in the book, the lunches or the lively conversation but we have been receptive to them joining us. However, at this time, none of them have been brave enough to attend.



Wibersaurus – the Dino is Dedicated!

Pictured is Wilbersaurus and his artist, Sheridan Fox in front of 501 Grand Hill. Wilbersaurus was created to help celebrate the 100th anniversary of the St. Paul Science Museum. He was named for Charles Wilberforce Ames, one of the founders of the St. Paul Science Museum. Found on Wilbersaurus are reproductions of letters and awards sent by and given to Mr. Ames. Edward and Erin Fox thought it would be a fitting tribute to sponsor a dino dedicated to Mr. Ames since they now live in the home he had built in 1886 (they are only the second owners having purchased it from the estate of Betty Ames Jackson and Norris Jackson). Sheridan Fox is the artist and is the oldest of son of Ed and Erin.

Summit Hill Volunteer Opportunities

"Because strong neighborhoods don't just happen – they result from the hard work of many volunteer residents, just like you."

Ways You Can Help:

Board of Directors –

Run for office! Help lead the Summit Hill Association on a dynamic 21-member Board.

Block Leader –

Share your interests, leadership skills and enthusiasm with your neighbors become a Block Leader. Block Clubs build community, enhance the quality of neighborhood life, and reduce crime. Count on SHA support to help you.

Building Clubs –

Create a network of neighbors within your apartment house or condo to reduce crime and enhance your living experience.

Development Committee –

Help SHA raise the money needed to continue our important community-building efforts.

Gardening Club –

Join others to maintain gardens and Sam Morgan Prairie at the Linwood Recreation Center.

2008 South of Summit House Tour –

Put your talents to work helping organize and promote the 2008 House Tour

Pedestrian Safety & Traffic Calming –

Add your ideas on finding solutions to long-standing concerns about pedestrian safety and traffic.

SHA Office –

Help with mailings, surveys and special projects.

PLEASE CALL TODAY!

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Recycling Updates

Please Don't Rake Leaves into the Gutter!

We don't always recognize the many connections in life ...even when they are below our feet. The city storm sewers on your street flow to the Mississippi River. Raking leaves into the gutter can cause the plugging of storm sewer drains during fall rainstorms. Leaves in the gutter can also end up increasing nutrient load going into the Mississippi River. Do your part to bag your leaves and help protect the river as a resource for folks downstream.

START SEEING
RECYCLING.



Now you can add a few more items to your curbside recycling bin. Milk cartons, juice boxes, broth and soup cartons like these can now be recycled in Saint Paul, Lauderdale, Maplewood and Roseville. Just put them in with your bottles and cans. Questions? Call the recycling hotline at **(651) 222-SORT (7678)**.



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Free Market: Reuse and Save the Environment

Do you have things you'd like to give away? Are you looking for free stuff for your home and garden? The Free Market may be just what you're looking for.

The Free Market, a web-based exchange site of Eureka Recycling, connects people wanting to give away or get reusable items for free. If you have or want to find reusable items such as appliances, children's toys, electronics, furniture, home renovation materials, law and garden equipment, musical instruments, pet supplies, recreational and exercise equipment and many other categories ...you can contact the Free Market by going online at <http://www.twincitiesfreemarket.org> or call Eureka Recycling at 222-7678. Once on the web-

site, you can list your items or review the list of free items available. What could be easier? Reduce waste, protect the environment, help others and save money.

Items must be in good condition or in need of a little repair. Some items will take a few weeks or more to be exchanged. The person who wants an item will directly contact the person giving the item away to make arrangements for pick-up. The Free Market does not store or transport items.



Reduce Waste by Shopping Secondhand Stores

Check out the booklet "Saint Paul's Secondhand Stores Directory" developed by the Thomas-Dale District 7 Planning Council for lists of a number of secondhand stores in the greater St. Paul and surrounding areas that accept gently used clothes, household goods, furniture, electronics, books and toys. Written in 4 languages, English, Hmong, Spanish and Somali, this handy listing

encourages us not to simply donate our "extras" but also to consider shopping "Used First" as a means of fighting excess before it occurs. Stop by the SHA information table just outside our office at the Linwood Community Center to pick up one of these highly useful booklets or let SHA know you want a copy.

How to Get a Blue Recycling Bin

Blue recycling bins have been a symbol of Saint Paul's recycling program for over 15 years. The city of Saint Paul provides blue bins for curbside recycling at no charge to Saint Paul residents.

If you live in the Summit Hill neighborhood, you can pick up blue bins at the Linwood Community Center. Please go to the Linwood Community Center information desk and ask for what you need.



NEED HELP? Call The Job Connection!

Do you need help with minor home repairs, cleaning, yard work, or other household chores? Are you over 60 years old or an adult with a disability? The Job Connection can help!

The Job Connection recruits volunteers and screens and refers youth and adult contractors who provide affordable help with household chores and minor home repairs.

To learn more call Marie Nelson at the Macalester-Groveland Community Council office at 651-695-4000.



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Linwood Rec Center News



**860 St. Clair Avenue
(651) 298-5660
TTY: (651) 266-6378**

Building Hours:

Monday	7 a.m. – 9 p.m.
Tuesday	6 a.m. – 9 p.m.
Wednesday	7 a.m. – 9 p.m.
Thursday	6 a.m. – 9 p.m.
Friday	7 a.m. – 6 p.m.
Saturday	9 a.m. – 1 p.m.
Sunday	Closed

LINWOOD BOOSTER CLUB!

The Linwood Booster Club helps to make Linwood Recreation Center a nice and enjoyable place for you and your family. They have sponsored many events throughout the year and help make Linwood a relaxing and beautiful facility for you and your family. You will have the opportunity to support activities, programs, facilities issues and purchase equipment at Linwood Recreation Center. Join the club, become a member today.

PARENT/TODDLER GYM TIME

Linwood 651-298-5660

This is an unstructured gym time for parents and their toddlers to play in our gym during the fall, winter and spring. A variety of large movement toys will be available.

Thursdays, Free, On-going
Ages 5 & under
9:30-11:30 a.m. & 3:00-5:00 p.m.

DANCE CLASSES

Instructor: Amy Lee

** Please contact Linwood for upcoming sessions **

Monday Classes: (8 Classes)
Starts Sept. 10th – Oct. 29th

Beginning Creative Movement	Ages 3-5	10:30 – 11:15 a.m.	\$50
Tot Tumbling	Ages 3-4	11:15 – 12:00 p.m.	\$50
Continuing Tot Tumbling	Ages 3-5	12:00 – 12:45 p.m.	\$50
Beginning Creative Movement	Ages 3-5	2:15 – 3:00 p.m.	\$50
Continuing Creative Movement 1	Ages 4-6	3:00 – 3:45 p.m.	\$50
Continuing Creative Movement 2	Ages 5-7	3:45 – 4:30 p.m.	\$50
Beginning Ballet/Tap	Ages 5-9	4:30 – 5:15 p.m.	\$50
Beginning Ballet 1	Ages 5-9	5:15 – 6:00 p.m.	\$50
Intermediate Ballet/Tap	Ages 10-13	6:00 – 7:00 p.m.	\$50

Wednesday Classes: (8 Classes)
Starts Sept. 12th – Oct. 31st

Beginning Creative Movement
Ages 3-5 3:00 – 3:45 p.m.
\$50

Continuing Creative Movement	Ages 4-6	3:45 – 4:30 p.m.	\$50
Beginning Ballet 1	Ages 5-9	4:30 p.m. – 5:15 p.m.	\$50
Beginning Ballet/Tap	Ages 5-10	5:15 p.m. – 6:00 p.m.	\$50
Intermediate Ballet 1	Ages 6-12	6:00 p.m. – 7:00 p.m.	\$50
Actor's Studio (NEW CLASS)	Ages 11-16	7:00 p.m. – 8:00 p.m.	\$50

Amy offers a variety of classes for ages 3 - 16. Her Creative Movement classes explores basic movement and dance concepts while increasing strength and coordination, Ballet & Tap where students will learn the basic techniques essential to building the right muscles for this beautiful, yet demanding art form and Dance Company/ Create a Dance where choreography will be explored and created in group and individual forms. For further information on price range and registration please call Linwood Recreation Center at 651-298-5660, or stop by to pick up a flyer at the center.

KARATE: SOO BAHK DO KARATE

Instructor: Mike Kelly 651-690-1489
email: mike@kellyrenewals.com
From ages 6 to adults this is a traditional martial art emphasizing discipline, concentration self-confidence, personal development, self-defense, conditioning and more. Learn from and internationally ranked certified master instructor with 20+ years of experience. Introductory and family discounts are available. For more information or to register, call or e-mail Mike Kelly.

Introductory Classes for New Students
Saturdays, On-going, Fee: \$70
Ages: 6 & up 9-9:55 a.m.

White/Orange Belt Level (Ages 6 & up)
Saturdays, On-going 10-10:50 a.m.
Tuesdays, On-going 4:30-5:30 p.m.
Fee: \$45/Month

Green/Red Belt Level (Ages 6 & up)
Saturdays, On-going 10:50am-11:40 a.m.
Tuesdays, On-going 5:30pm-6:30 p.m.
Fee: \$45/Month

Adults Classes
Saturdays, On-going 11:40 a.m. – 12:55 p.m.
Tuesdays, On-going 6:30 p.m. – 8 p.m.
Fee: \$45/Month

ADULT/SENIOR FITNESS & WELLNESS CLASSES AT LINWOOD
Our certified instructors at Linwood

offer a variety of fitness and wellness classes to accommodate all levels of participants in fun atmosphere. All classes are \$5/session. Discounted punch cards are available for purchase. A 20 Fitness Punch Card is \$80, and a 12 Fitness Punch Card is \$54. Punch cards do not expire and may be used for any Linwood aerobics class. Punch cards may not be used for the Exercise/Weight room. For class descriptions pick up a Central Corridor brochure at Linwood Rec. Center.

Early Bird Cardio Workout
Instructor: Cliff Swynigan
Tuesday/Thursday 6:00 a.m.

Pilates Based Exercise
Instructor: Cliff Swynigan
Tuesday/Thursday 6:15 p.m.

Complete Fitness Challenge
Instructor: Colleen Tusa
Tuesday 10:30 a.m.
Friday 9:30 a.m.
Saturday 9:00 am.

Bosu Workout
Instructor: Teresa Davenport
Monday 9:15 a.m.

55 Plus Fitness
Instructor: Teresa Davenport
Tuesday/Thursday 9:15 a.m.

Yoga
Instructor: Teresa Davenport
Wednesday 9:15 a.m. & 7:45 p.m.
Friday 12:00 p.m. & 1:15 p.m.

FITNESS/WEIGHT ROOM

Linwood 651-298-5660
This room consists of 7 nautilus Cybex machines, two treadmills, two stair climbers, and three exercise bicycles for cardiovascular training. Locker rooms are available for members. To use the equipment, you may pay daily fee of \$5 or purchase a three month membership.

Memberships:

Daily \$5
Single Adult (ages 18+) \$45
Single Students (ages 13+) \$35
*must show school I.D. if under 18
Family (ages 13+) \$60
Seniors (ages 55+) \$25

WINTER BASKETBALL REGISTRATION (Oct. 15 – 31, 2007)

- Open to all St. Paul residents
- Non-St. Paul residents may register if they attend school in St. Paul
- A copy of the youth's birth certified must be on file at the recreation center
- Late registration will be accepted if roster space is available
- Late registrations may be charged a late fee

Basketball

- Instructional Basketball: ages 5-6, 7-8
- Basketball Leagues: 9-10, 11-12, 13-14

Volunteer Coaches

Saint Paul Parks and Recreation offers a variety of coaching opportunities in youth athletics. As a volunteer coach you can help develop young athletes, provide leadership, promote good sportsmanship and be a positive role model. If you have experience or are willing to learn coaching fundamentals, we can give you the necessary skills and tools. All coaches will be trained through Saint Paul's coaching certification program. All coaches are required to consent to a background check. The average time commitment is 2-3 hours per week for approximately 8 weeks. Please contact Linwood for more info!

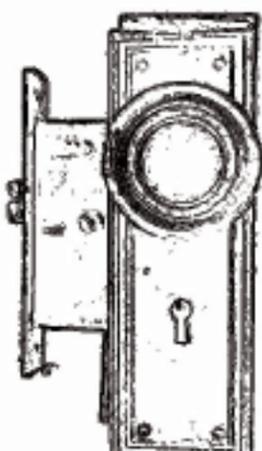
Close the Loop: Buy Recycled!

Purchasing products made from recycled material helps eliminate the need for mining more virgin materials and creates a demand for the materials we recycle, thereby closing the recycling loop. However, these products can be difficult to find and are often more expensive than those made from virgin materials. Eureka Recycling's twice-annual Recycled Products Cooperative makes it easy and affordable for you to purchase environmentally friendly paper, as well as compostable service-ware for yourself or your office.

Eureka Recycling combines smaller orders to get a bulk discount from the supplier and passes the savings on to you. The paper available through our co-op is the most environmentally friendly copy paper on the market today. We also know that recycled paper performs just as well as virgin paper in copiers and printers.

Our Recycled Products Co-op also gives you the opportunity to purchase products made from plant materials (like corn or sugarcane) as an alternative to disposable plastic products. Based on our research on cost, quality, and environmental benefits, Eureka Recycling is offering compostable forks, spoons, knives, bowls, plates, and cups. These products aren't meant to replace reusable dishes, but they are a great alternative to plastic, especially if you can compost them after use.

Visit www.eurekarecycling.org to find more information.



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Helpful Information

Helpful Numbers

St. Paul Citizen Service Office: 266-8989
Call the Citizen Service Office for general city information, requests for services, suggestions or complaints regarding city services.

Emergency **911**
Fire (non-emergency) 224-7811
Police (non-emergency) 291-1111
City Attorney 266-8710
Human Rights 266-8966
Animal Control 266-1100
Building Permits, Inspection and Design (LIEP) 266-9090
Forestry 632-5129
Libraries 266-7000
Parking Enforcement 266-5585
Parks and Recreation 266-6400
Planning & Economic Dev. 266-6700
Public Health 266-2400
Pothole and Street Repair 292-6600
St. Paul Regional Water Service 266-6350
Eureka Recycling 222-7678
Information about hazardous waste disposal, composting, yard waste disposal, environmental training and educational programming.

Housing Information

City Housing Services 266-6626
Renter Services, Foreclosure Prevention Program, Counseling & Education, First-time Home Buyer Help, Low-Interest Loans, Low Interest Loans for Home Buying, Rehab and Repair

Dispute Resolution Center 292-6067

Neighborhood Energy Consortium 221-4462
Energy audits, hOur Car Program, Saint Paul Classic Bike Tour

Environment and Energy Resource Center 227-7847
Emergency home energy loans & grants, low-interest rehab & repair loans, general home finance assistance, energy audits

City Exterior and Interior Complaint Units 266-8989

Inspectors enforce regulations on property issues. This includes, but is not limited to, environmental nuisance issues such as junk cars, junk in yards, rubbish, tall grass & weeds, maintenance and code violations on one & two-unit dwellings.

Local Elected Officials

Councilmember Dave Thune (Ward 2) 266-8620; dave.thune@ci.stpaul.mn.us

Mayor Chris Coleman 266-8510; mayor@ci.stpaul.mn.us

County Commissioner Toni Carter (District 4) 266-8364; toni.carter@co.ramsey.mn.us

County Attorney Susan Gaertner 266-3222

Attorney General Lori Swanson 296-6196; attorney.general@state.mn.us

State Senator Richard Cohen (Dist 64) .. 296-5931; sen.richard.cohen@senate.leg.state.mn.us

State Representative Erin Murphy (Dist. 64A) 296-8799; rep.erin.murphy@house.leg.state.mn.us

March of the Pedestrian Students

By Eric Hedberg, Chair
Pedestrian Safety & Traffic Calming Committee

Fall is approaching and the first sign is the return of students to the schools in our neighborhood. Encouraging our kids to walk to school is a great way to fight childhood obesity, create community, reduce pollution, and give kids a chance to enjoy the nature around them. Unfortunately, whenever students are crossing streets there is some risk.

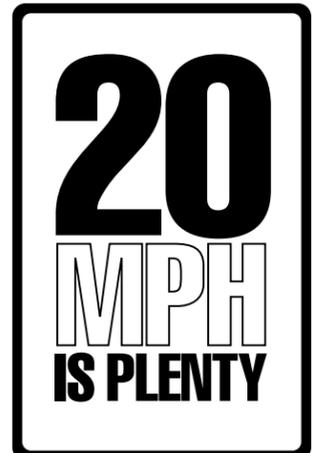
That risk is reduced by the efforts of the schools to designate crossing guards with flags or adding pedestrian crossing and stop signs. Just recently through the efforts of parents and neighbors, stop signs were added to the Oxford/Osceola intersection at Linwood A+ Elementary. The city has been making efforts as well by remarking crosswalks and attempting to resolve traffic issues around St. Paul Academy. There is still much to be done to create safe routes for students and that will be a major focus of the Pedestrian Safety and Calming Committee in the coming year.

In the end though, the safety of our children is best accomplished by how we teach them and how we as drivers watch for them. Send your children off with their classmates in groups. Groups are easier to spot and it gives the older children a chance to show the younger the right way to cross streets. Choose routes that cross at major intersections with crossing guards, stop signs or signals. Even though pedestrians have the right of way at intersections, drivers do not always honor the law. And, have

your children wear light colored jackets and reflective surfaces. The mornings will get darker and drivers will be depending on their headlights to spot pedestrians.

After the kids are off and we head out in our cars, it is our responsibility to watch for the students still out there. Maintaining posted speeds or a bit lower, safe distances, and extra vigilance looking for pedestrians will make the walk for students safe.

In an urban community, we are fortunate to have many of our schools within walking distance. For the health of our children and our community, the walk to school is a safe way to build the body as well as the mind. And besides, who are we to deny our children the chance to tell our grandchildren of the many miles they walked through the blizzards or parched landscapes to get to school each day.



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SHA Website - A Good Source for Neighborhood Info

Established in June 2004, the Summit Hill Association Website at www.summithillassociation.org has grown in its ability to keep you up to date on neighborhood and city resources, Summit Hill events and opportunities for you to participate in the health and vitality of your community. Check us out and bookmark the address for future reference! In addition, we encourage residents to subscribe to the Electronic News List on the home page that provide up-to-date announcements on late-breaking events, public meetings and issues.

Among others things, the SHA Website has links and resource information on crime prevention, senior services, recycling, neighborhood improvement projects, a calendar of events and *The Summit* newsletter. Links connect you to the City of St. Paul, the Grand Avenue Business Association and other sites of interest to Summit Hill residents.

If you have suggestions on how we can improve the website site or on any other neighborhood concern, go to the "Contact SHA" link on the home page and give us your thoughts!

www.summithillassociation.org

Crime Prevention Connection

POS – Parent Over Shoulder!

At a recent meeting for Building & Block Club Leaders and the community, "Internet Safety 101, Precautions & Crime Prevention Strategies for Cruising the Information Highway", area residents had the opportunity to learn how to make using the internet safer for their families. While the proliferation of social networking sites has greatly increased social opportunities for all web surfers it has also opened up new risks and dangers particularly for children. According to Karina Berzins, The Training and Education Coordinator, Internet Crimes Against Children from the Bureau of Criminal Apprehension (BCA), Minnesota Department of Public Safety, internet pornography is a 2.5 billion dollar a year industry. The popularity and proliferation of internet sites frequented by children e.g., MySpace, Friendster and Facebook, has led to an estimated 4 million "porno" sites alone on the World Wide Web.

According to Berzins and a slew of other internet safety experts, allowing kids to go online without supervision or ground rules is like allowing them to explore a major metropolitan area by themselves. The internet is a like a city offering an enormous array of entertainment and educational resources as well as risks. Kids need adult help and supervision browsing the "net" - this cyberspace "city". The BCA recommends that parents know their child's passwords and screen names, monitor your child's behavior on these sites and create a contract with your child to ensure appropriate online behaviors. They also recommend that parents and care givers familiarize themselves with internet practices and terms.

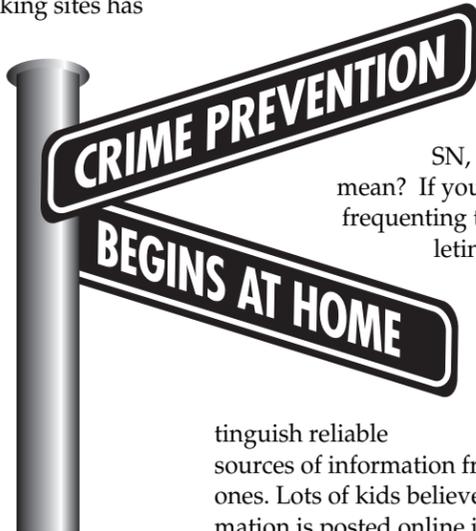
Internet Blogs & Bulletin Boards

Blogs and bulletin boards are very similar and provide an easily updated Web site allowing the Board or Blog owner to post content or messages for others users to view. Blogs usually only allow the Blog owner to post messages and

content. Bulletin Boards encourage visitors to engage with one other and comments on whatever issues the owner posts.

LMIRL – Let's Meet in Real Life.

There is an extensive and ever-changing array of acronyms that internet cruisers create and use, a unique language of



internet sites. Do you know what *LOL, BRB, MUSM, BF, SN, WTGP or TAW mean? If your children are frequenting the nets' bulletin boards or Blogs - they know! What children often do not know is how to dis-

tinguish reliable sources of information from less reliable ones. Lots of kids believe because information is posted online it must be true. Kids don't realize that internet "buddies" sometimes disguise themselves, pretending to be someone else – a friend or acquaintance, a well known bank, a government agency – for illicit purposes. This is known as phishing.

Internet sites and services often ask users to post a "profile" with their age, sex, hobbies and interests. While these profiles help kids "connect" and share common interests, potential exploiters can and do use these profiles to search for victims. There is no "taking back" of online information, it instantly becomes public information. Online deletions can be cashed by search engines meaning photos and text can often be retrieved long after the site has been deleted.

Tips for Smarter Internet Surfing

- Place your home computer in a prominent location in your home where its use by children can be monitored
- Never provide personal info to strangers include photos or profiles info such as age, gender, hobbies, interests, etc.
- Never respond to e-mail, chat comments, instant messages or news group messages that are inappropriate or make you feel scared, uncomfortable or confused.
- Encourage your children to report

their online concerns to a trusted adult as if they had experienced a personal or "face to face" problem.

- Become more familiar with social networking sites yourself & learn about the numerous safety & security setting each site offers.

For more information visit the following internet sites:

www.IncredibleInternet.com/online-safety; www.cyberline.com; www.safekids.com; www.NetSmartz.org

(*Acronym translations: LOL, laughing out loud; BRB, be right back; MUSM, miss you so much; BF, boyfriend; SN, screen name; WTGP, want to go private?; TAW, teachers are watching)

Hi Neighbor!

The St Paul Police report that the City of St Paul has experienced a staggering amount of graffiti this past summer. In most cases this graffiti has been the result of malicious mischief and is not gang related. If you encounter graffiti

anywhere you are encouraged to report it to the St Paul Police at 651-291-1111 as soon as possible.

Contact the City of St Paul Department of Safety & Inspections Code Enforcement Division at 651-266-8989 for help in graffiti removal. The office has made a commitment for free removal of graffiti from public spaces, within 48 hours, and private residences & businesses, within 72 hours. Graffiti removal requests have risen to 50/day citywide sometimes overwhelming City of St Paul removal resources.

Suggestions & comments to this column are always appreciated.

Diane Hilden
Crime Prevention Coordinator
Summit Hill Association
860 St Clair @ Linwood Community Center
cpcsummithill@visi.com
www.summithillassociation.org



National Night Out 2007:

Neighbors Gather to Celebrate



A Goodrich Avenue Block Club was treated to dessert and cool refreshments at this past August's National Night Out (NNO) neighborhood celebration. Block Leader Lisa McGann and SHA Crime Prevention Coordinator Diane Hilden were among many delighting in the summer evening's gathering. Neighbors lingered on the McGann/Cruz front porch enjoying the opportunity to meet and reconnect with each other. The photo of the cute children was submitted by another unidentified block party. These are just two of the many Summit Hill area NNO annual celebrations held this summer to promote prevention and community spirit.

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WHERE FAMILIES AND FRIENDS GATHER TO LEARN, TO PLAY, AND TO MAKE MEMORIES . . . WHERE OLD FRIENDSHIPS GROW AND NEW FRIENDSHIPS ARE MADE.

When you become a member of the U Club, you'll enjoy special events, state-of-the-art fitness centers, great conversation and . . .

LABOR DAY CORN ROAST • OKTOBERFEST • FABULOUS HAUNTED HOUSE for neighborhood children • BEAUJOLAIS NOUVEAU • THANKSGIVING DINNER • BRUNCH with SANTA • DICKENS' LONDON CHRISTMAS • NEW YEAR'S EVE • ICE MARTINI BAR • VALENTINE'S DAY • SCOTCH TASTING • CONCERTS • LECTURES &

PRESENTATIONS • EASTER BRUNCH • MOTHER'S DAY • VARSITY CROQUET TEAM • MEMORIAL DAY PIG ROAST & POOL OPENER • SWIM TEAM • FOURTH OF JULY by the pool • DIVE-IN MOVIES • CLAY TENNIS COURT • CHILDREN'S PLAYGROUND • PERSONAL TRAINERS MEMBER'S FITNESS CENTER • WOMEN'S ONLY FITNESS CENTER • INVESTMENT CLUB • ROUNDTABLE for BUSINESS • ASSOCIATION with HILL REFERENCE LIBRARY • READINGS by WRITERS • BOOK CLUBS • G.K. CHESTERTON SOCIETY • JOHN ADAMS SOCIETY • MARTINI NIGHT • JAZZ • CLUB NIGHT EVERY FRIDAY NIGHT • MONTHLY NEWSLETTER • BANQUET & CATERING FACILITIES • REDUCED RATES at STOUT'S ISLAND and SEVEN PINES LODGES and more.



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(MEMBER SIGNATURES FROM HISTORIC VARSITY GRILL BAR)

St. Paul Community

Fall Programs at the College of Visual Arts

Join us this fall for an art history lecture, historical walking tour with Larry Millett, or a Saturday afternoon of drawing in our studios.

We look forward to welcoming members of our community onto campus for these events. More information and registration for all programs can be found at http://www.cva.edu/programs/pro_summer.htm. Questions can be emailed to Carmen at charris@cva.edu.

Art History Lectures

Artistic Communities: A Lecture Series
Wednesday Evenings, September 26, October 24, and November 28
7 - 8:30 p.m.

This fall, three CVA Art History faculty members will present lectures on various topics. Fee for this series of three lectures: \$25

October 24

Julie L'Enfant, Associate Professor,
College of Visual Arts
"The Impressionist Circle"

November 28

Joan Rothfuss, Independent Scholar
"When Music Met Anti-Music: Two Memorable Evenings in Dusseldorf 1963"

Historic Walking Tours with Larry Millett

Sundays, Sept. 23 & 30, and
Oct. 7, 2 - 3:30 p.m.

Fee for this series of three walking tours: \$50

The College of Visual Arts will sponsor a series of three walking tours with author and historian Larry Millett on Tours will cover the West Seventh Street neighborhood, historic West Side bluffs and the old Stonebridge property near Mississippi River Boulevard and St. Clair Avenue.

Registration for all programs at http://www.cva.edu/programs/pro_summer.htm.

College of Visual Arts
344 Summit Avenue
Saint Paul, Minnesota 55102
651.224.3416 • www.cva.edu

Fall Cathedral Music Series: A Feast for the Eyes as Well as the Ears

The 2007-08 Cathedral Music Series includes performances by a wide range of noteworthy musicians and choral groups including the Minnesota Orchestra and the King's College Choir. Here are few highlights from the fall schedule:

Friday, November 2, 2007 at 7 p.m.
All Souls Requiem: The Cathedral Choir presents Duruflé Requiem in a solemn liturgy in memory of all the faithful departed.

Friday, November 9, 2007 at 8 p.m.
The Minnesota Orchestra continues its series of performances of the Bruckner symphonies in the Cathedral's soaring acoustic with Symphony No. 1. The program also features two works by Arvo Pärt, As the Hart Pants and Fratres, a lush piece spotlighting the Minnesota Orchestra cello section. Call

the Minnesota Orchestra box office at 612-371-5656 for ticket information.

The Cathedral has become a destination for people of all beliefs and cultures. "The transcendence of this sacred place encourages the best in all of us and shows us that beautiful dreams can come true," said the Very Reverend Joseph Johnson, Rector of the Cathedral.

The Cathedral of Saint Paul is open to the public every day from 7 a.m. to 7 p.m. and a newly renovated Museum and Gift Store is open Monday through Friday from 1-5 p.m. For a full listing of events and daily mass times, go to www.cathedralsaintpaul.org

A Blessing of Animals for the Feast of St. Francis of Assisi

The event will be held at St. Clement's Church, 901 Portland Avenue at 4:30 p.m. on Sunday, October 7. All are invited to attend and bring their pets to receive a blessing. A reception for both people and pets will follow the service. Call 651-228-1164 for further information.

Cards & Conversation at Linwood

Monday's are Cards & Conversation days at the Linwood Community Center Senior Lounge. Every Monday all year long, Summit Hill area seniors gather at noon to play a variety of card and board games. This especially lively group of area seniors shares good conversation, and often, good treats. These weekly gatherings are open to the entire senior community. We encourage you to come and meet new friends and having some old-fashioned fun. Contact the Linwood Community Center, 651-298-5660 for further information. Mark your calendar to stop by Linwood on a Monday at noon to have some fun and meet your neighbors.

You Only Die Once - Do it With Style! Are You Ready?

End of Life Planning Seminar:
Sat., October 13th, 9am - 3:30pm
Offered by Summit Church (845 Summit Ave - corner of Summit & Victoria) with Chris Quistad, Visitation/Family Life Pastor & Attorney John Crabtree III

End of life planning is a wonderful gift. Without it, we face stress and frustration as we make plans during a time of grief. We might not always be in charge of our life, but we can be in charge of our death. Embrace this chance to be prepared!

Cost: \$40
(includes book by Margie Jenkins)

To register:
Contact Summit Church office at 651.228.0811 or office@summitag.org.
Website at www.summitag.org.

St. Paul Parks and Rec Youth Job Corps Helps Out



St. Paul Parks and Rec Youth Job Corps Gardening Team worked hard weeding and mulching the Linwood Gardens July 20th during this summer's drought. Team members included Mailia Yang, Caleb Smith, Sou Vang, Phong Her, Robert Xiong, Mae Der Xiong, Mee Xiong and Marguita Tayler.

Sign Up for E-Mail News from SHA

SHA is has an email contact list for important announcements (issues, events, meetings) that are time sensitive. If you want to be on the email list, go to our web site homepage at www.summithillassociation.org, click on "Electronic News" and enter your information.

College of Visual Arts

Gallery
173 Western Avenue (at Selby)
Saint Paul, Minnesota 55102
651.224.3416

CVA Leaders of Design Series

Steven Heller lecture and book signing
Thursday, November 1
7-8:30 pm
Minnesota History Center, 345 Kellogg Boulevard

365: AIGA Annual Design Exhibition
Friday, November 2, opening and reception
4-8:00 pm in the CVA Gallery
Exhibit continues through November 24

CVA

www.cva.edu

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IN THE SPOTLIGHT: Danish Bohemia, A Touch of the World on Grand

by Benno Groeneveld



Lisbet Franc, owner of Danish Bohemia

Two years ago, Lisbet Franc, 35, dropped anchor at 1144 Grand Avenue when she opened Danish Bohemia. Grand Avenue is far away from Franc's native Denmark. She didn't get here in a straight line, she took several detours... Franc knows all about anchors, and sails, and navigation. She sailed around the Pacific as a crew member on a sailboat, traveling from Japan to Alaska and then south to Mexico, after she left the quiet, predictable life she lived in her home country. Where she had it all: a fiancé, a little place in the country and five horses.

In Mexico City she met and soon married her husband Daniel Franc, an American. Together they lived in Sicily (Italy), moved back to Denmark – by way of the Sahara Desert – and eventually moved to Portland, Oregon, for Daniel's medical studies.

The couple moved again in 2004, this time to St. Paul, when Daniel was offered a position at the University of

Minnesota to write his PhD thesis.

Since then, Franc has sort of settled down and opened her own store on Grand Avenue: Danish Bohemia in September 2005. The store sells an eclectic collection of articles mainly produced in the Third World: bags, coin purses, pillows, dresses, bowls made of felt. (A full list of products is at www.danishbohemia.com). Bohemia practices fair trade. For example, her collection includes dresses and products handmade in Nepal and India, bought from women's co-ops there, so the money ends up in the hands of the people who made the clothes at a fair price.

Recently, Franc added a small teashop to her store, where her friend Sandy Nelson, sells fair trade and organic teas. Franc and her husband have two children, aged 3 and a half and one-and-a-half. But the sea keeps calling. Franc says she, her husband and their children will probably live on a boat again. Somewhere, sometime.

Have an Idea? Let Us Know!

Phone: 651-222-1222 • e-mail: summithill@visi.com

Don't Miss These Upcoming Events on Grand Avenue!

Brought to You by the Grand Avenue Business Association

TASTE OF GRAND: RESTYLED

Thursday, October 4, 2007

Taste of Grand: Restyled features tastings from the Avenue's fantastic restaurants, a runway show featuring Grand Avenue boutiques and salons, a cabaret show to include a fusion of European and American style cabaret, silent art auction and a cash bar. Additionally, take part in the Taste of Grand: EXPERIENCE with booths hosted by Grand Avenue Business Association members. Tickets are available at

www.grandave.com

and at the following businesses: Don't Make Me Beg, Jasmin Salon Spa, Karma, Sorrayah Studios, Susan Metzger, The Grand Hand Gallery & Whole Foods Market.

BOO BASH

Saturday, October 27

Come stroll down Grand Avenue to enjoy activities designed specifically for

families sure to put the entire family in the Halloween spirit. Events include trick-or-treating, Grand Harvest food samples, costume contests, storytelling, face painting, and hay wagon rides.



ART OF GRAND

Thursday, Nov. 15

Enjoy shopping and dining along Grand while viewing work by local artists. Most artwork will be available for purchase, and artists will be on hand to discuss their work. Many Grand Avenue Business Association members will have food and refreshments, shopping savings, and demonstrations.

GRAND MEANDER

Saturday, Dec. 1

Ring in the holiday season on Grand Avenue with your entire family! Activities include a kids' breakfast with Santa, family movie, two art fairs, holiday shopping bargains, great food, trolley rides, hay wagon rides and carolers along the Avenue.

For more information visit www.grandave.com.

www.grandave.com



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