

# The Summit

• News from the Neighborhood •

THE SUMMIT HILL ASSOCIATION • DISTRICT 16 • BIMONTHLY, ISSUE #79 • OCTOBER 2005

## Date Changed for SHA Elections/Annual Meeting to Tuesday, Oct. 11<sup>th</sup> – We Still Need You! Consider a seat on the SHA Board of Directors

The date for the SHA Elections and Annual Meeting has been changed to **Tuesday, October 11th** due to an oversight in originally scheduling the meeting on Yom Kippur. We encourage you to consider a seat on the SHA Board of Directors. Your active involvement on the SHA Board can help us to sustain a strong and healthy neighborhood. We need your ideas, your time and your conscience. *We also need more renters on our board to represent issues unique to tenants.* **The SHA elections & annual**

**meeting will take place at 7:00 p.m. on October 11th in the Linwood Community Center Warming Room.**

The SHA Board of Directors consists of twenty-one members. Approximately one third of the board is up for election every year. There will be 7 seats up for election this year. Terms last up to three years. The Board of Directors meets one evening each month, generally the second Thursday. Each director also participates on one of the standing committees of the SHA.

**Candidate eligibility** - Any person 18 years or older who lives in, works in or owns property in District 16 is eligible to be a candidate for election to the board of directors. We would particularly like to encourage people who rent in the Summit Hill neighborhood to become involved, as renters have typically been under-represented on the board. In addition, to encourage youth leadership, one position on the SHA Board may be filled by a high-school student (16 years or older) who either lives in or attends

school within the SHA boundaries.

**Voting** - Any adult who lives in, works in or owns property in District 16 and is present for elections, may vote for up to six candidates. If you are interested, or would like additional information, call Jeff Roy or Diane Hilden at the SHA office at 222-1222, or contact us via e-mail at [summithill@visi.com](mailto:summithill@visi.com). By taking an active role, you are making a personal commitment to the improvement of your neighborhood.

## Small Changes Add Up as We Strive For Improvements in Pedestrian Safety

Slowly but surely there have been visible signs of the efforts of the Pedestrian Safety and Traffic Calming Committee (PS&TC) around the Summit Hill Neighborhood. Even though only a portion of our recommendations have been implemented by the City of St. Paul Public Works to date, we are hopeful and persistent.

### Crosswalks

After many years of wear, to the point of almost disappearing, the crosswalks on Grand Avenue were painted in the early summer of 2004 and again in 2005. Despite the claims of some people that jaywalking is safer, the painted crosswalks are a better visual reminder for both drivers and pedestrians of the best and legal place to cross the street.

Early this summer for a few weeks, centerline crosswalk markers, the bright lime green signs that go in the center of the road, were placed at three cross streets on St. Clair Avenue and on Grand Avenue. These are also good

visual reminders for drivers that the pedestrians IN the crosswalks have the right-of-way. They state: "Stop for PED in Crosswalk – State Law." We hope to have these signs rotate through our neighborhood, on Grand, Summit, and St. Clair Avenues at least twice a year.

**Remember:** failure to yield the right-of-way to pedestrians in crosswalks can lead to a fine up to \$ 1,000 and jail up to 90 days [2004 Minnesota Statute 169.21]. Failure to do this twice within a year is a gross misdemeanor with potentially more drastic consequences. This includes cars pulling through the intersection to go Right-on-Red. If you are involved in an incident as a pedestrian, get a license number at least, and a name if the driver stops, and report the accident to the police and SHA. Point of caution: as a pedestrian, never assume traffic will yield when you are in the crosswalk

### 20 is Plenty Signs

Another project that was completed this

spring was the purchase and installation of traffic calming signs "20 MPH is PLENTY" on the streets entering the neighborhood around the area bounded by St. Clair, Dale, Grand, and Lexington, plus on Lincoln and Victoria. These signs originated a number of years back, instigated by the SHA, but most had disappeared through theft or vandalism over the years and only six remained in 2003. A neighborhood resident donated money to the SHA earmarked for twenty more signs, so the PS&TC Committee worked with St. Paul Public Works to purchase and install the signs. The committee inventoried the preexisting signs and made recommendations for locations of the new ones. In addition, yellow lawn signs were designed and sold to residents saying: "Welcome to Summit Hill, Please Drive Safely" as another way to increase safety in Summit Hill (see Safety Tips below).

### Temporary Speed Indicator on St. Clair

*Pedestrian Safety, Continued on p.2*

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**Summit Hill Association  
District 16 Planning Council**  
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## Let Them Cross Safely.

Think of the Impact You Could Make.

**Stop for Pedestrians. It's the Law!**

### Take Caution in Crosswalks

Even though state law requires motorists to stop and yield the right-of-way to pedestrians at all marked and unmarked intersections where traffic control signals are not in operation, please take caution when crossing any street. No stop sign or crosswalk ever stopped a motorist who didn't want to stop!

If you experience or witness motorists violating this law, call the St. Paul Police Department non-emergency number at 651-291-1111 (so that there is a record of the incident) and call the Summit Hill Association at 222-1222.

#### Why does the Minnesota crosswalk law exist?

Each year in our country, approximately 6,000 pedestrians are killed and up to 100,000 are injured in motor vehicle crashes. In 1997, 58 pedestrians were killed and 1,434 were injured in Minnesota.

#### What is the penalty for breaking this law?

A person who violates Minnesota's pedestrian law is guilty of a misdemeanor and may be sentenced to 90 days in jail or required to pay a \$700 fine, or both.

## Pedestrian Safety *Continued from p.1*

Finally, this summer a temporary speed indicator was installed on westbound St. Clair Avenue near Avon, where speeding was determined to be a problem in a 2004 traffic study initiated by concerned residents on and around St. Clair Avenue. Speed is being monitored to determine if the sign had more than just a transient effect. If effective, the temporary speed-feedback sign could become permanent. The speed limit on that stretch of road is 30 mph, but since there is not been a speed limit sign on St. Clair, drivers coming off 35 E or up from West 7th have tended to exceed 30 mph.

Although each step the PS & TC Committee has taken may seem small, they will hopefully add up to a safer neighborhood. Much of our work involves St. Paul Public Works and therefore tax dollars. If you think these efforts are worthwhile – the crosswalk paint, centerline markers, speed-feedback signs, etc. – please let the mayor and your councilmember know so that they will budget for these safety improvements. Their phone numbers and email addresses are included in the "Helpful Numbers" column in this issue.

## SHA Website – A Good Source for Neighborhood Information

Established in June 2004, the Summit Hill Association Website at [www.summithillassociation.org](http://www.summithillassociation.org) has grown in its ability to keep you up to date on neighborhood and city resources, Summit Hill events and opportunities for you to participate in the health and vitality of your community. Check us out and bookmark the address for future reference! In addition, we encourage residents to subscribe to the Electronic News List on the home page that provide up-to-date announcements on late-breaking events, public meetings and issues.

Among others things, the SHA Website has links and resource information on crime prevention, senior services, recycling, neighborhood improvement projects, a calendar of events and The Summit newsletter. Links connect you to the City of St. Paul, the Grand Avenue Business Association and other

**Safety Tips for Added Dark Hours**  
As fall is upon us with additional dark hours, a few safety recommendations may pay large dividends.



- While walking in the dusk or dark, wear something white, light, or reflective for greater visibility, and don't assume that drivers can see you easily.
- On the neighborhood streets, put on your porch light, especially before there is any snow, which reflects light and brightens the area. Some SHA residents believe that the street lighting, especially east of Victoria, is

inadequate. An extra five or ten porch lights per block can really make a difference in sidewalk visibility and in the street.

- And drivers, DO SLOW DOWN! especially where there are many pedestrians crossing as on Summit, Grand, and St. Clair Avenues. There is a 3.5% probability that a pedestrian will be killed when struck by a car traveling at 15 m.p.h. The probability of death increases more than tenfold to 37% when the car is traveling at 31 m.p.h. – a typical speed on Grand and our residential streets. And at 44 m.p.h., death occurs 83% of the time. Severity of injury tracks in a similar fashion with speed, so reducing speeds a little can add a big margin of safety in reaction time, stopping distance, and in the worst case, the consequences of an impact.

*Charlie Hardy, Chair, PS&TC Committee*

## The 2005 SHA Board

Eduardo Barrera, 1083 Osceola Avenue  
Nancy Breyemeier, 745 Grand Avenue  
Merritt Clapp-Smith, 785 Goodrich Ave.  
Dan Dobson, 801 Goodrich Avenue  
Maureen Flahavan, 1073 Lincoln Avenue  
Charlie Hardy, 1055 Lincoln Avenue  
Tammy Haas, 1037 Lincoln Avenue  
Eric Hedberg, 1021 Lincoln Avenue  
Chris Jozniak, 42 St. Albans St. S., #6  
Rob Kost, 921 Osceola Avenue  
Marcia Odman, 969 Goodrich Avenue  
Shannon O'Toole, 223 South Avon Street  
Debra Rathman, 775 Fairmount Avenue  
Steve Sanders, 635 Grand Avenue, #1  
John Siekmeier, 1106 Summit Avenue  
Chad Skally, 624 Grand Avenue  
Rick Smith, 1096 Goodrich Avenue  
Elizabeth Wefel, 977 Goodrich Avenue, #4  
Todd Wichman, 870 Osceola Avenue  
Linda Winsor, 708 Goodrich Avenue  
Olga Zoltai, 476 Summit Avenue

### How Are We Doing?

As we publish each issue of The Summit newsletter, we are always looking for ways to improve the newsletter that we send to you – our readers. Please take a moment to send us your suggestions, criticism and kudo (we'll take those too!) as to what you think about The Summit. Our email address is [summithill@visi.com](mailto:summithill@visi.com) and our address is 860 St. Clair Ave. Thanks. *The Editors*

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# Event Updates

## Preserving Independent Stores in Our Community: Formula Business Caps and Beyond

Please come to two public meetings hosted by the Summit Hill Association to learn about and discuss formula business caps. What are they? Why are other communities using them? How do they work? What are the benefits and pitfalls of this regulatory measure?

Formula businesses have been defined in other cities as establishments that are required by contract to adopt standardized services, methods of operation, decor, uniforms, architecture or other features virtually identical to businesses located in other communities.

Formula businesses caps have been adopted in about 15 cities around the country, including San Francisco,

Carmel, Sanibel, Bristol, Arcata and Port Jefferson, among others. Some cities ban or cap the total number of allowed formula restaurants, others cap formula retail. Formula business caps do not prevent a chain store from coming in, but they require that the incoming chain not look or operate like any other branch in the country.

Some of the smaller cities have adopted the caps citywide, but others have created the cap to cover only a specific area within the community, such as a historic downtown or unique neighborhood district.

Attend these public meetings to learn more about and discuss formula busi-

ness caps and their relevance or appropriateness for our community. The first meeting will include basic information and discussion and the follow up meetings will get into more detail. Please try to attend both meetings if possible. We hope you can join this interesting conversation.

### All Meetings at held at the Linwood Community Center Meeting Room from 7-8:30 p.m.

Meeting 1: Formula Business Caps  
Monday, October 10, 2005

Meeting 2: Formula Business Caps  
Monday, October 17, 2005

Meeting 3: Formula Business Caps  
Monday October 24, 2005

## Progressive Supper Saturday, November 12

Deadline November 2nd

The Summit Hill Association annual Fall Progressive Supper will be held Saturday, November 12. All neighbors are cordially invited to participate in this event. For the supper, neighbors travel from house to house, sharing one course at each residence. Each participating household serves one course. This is a great opportunity to meet new neighbors and to visit with old friends in different homes throughout the neighborhood.

The evening will begin with a social hour from 6 to 7 pm, followed by soup

or salad from 7:15 to 8:15, main course from 8:30 to 9:45, and dessert from 10 to 11.

For more information or to reserve a space, call Ethelyn Rupp at 227-1563 or the SHA office at 222-1222. Or send the completed form below to Ethelyn Rupp, 1011 Goodrich, 55105. Cost for participation in the supper is \$5.00 per household. Deadline for registration is November 3. Please don't wait for Ethelyn to call you!

**This is the information we need:**

### Progressive Supper Sign-Up Form

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone number: \_\_\_\_\_ email: \_\_\_\_\_

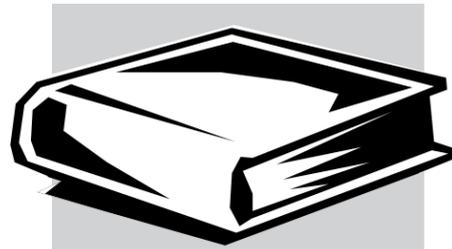
Which course will you serve?

first choice \_\_\_\_\_

second choice \_\_\_\_\_

How many will you serve, including yourselves? \_\_\_\_\_

Enclosed is a check for \$5 made out to the Summit Hill Association  
Mail to: Ethelyn Rupp, 1011 Goodrich Ave., St. Paul, MN 55105



### We're Planning a Progressive Supper COOKBOOK!

We're celebrating the long tradition of the wonderful hospitality of our neighborhood! We need your favorite Progressive Supper recipes, and we want to hear your stories about unique Progressive Supper events (disaster stories can, of course, remain anonymous). If you had a particularly memorable dish as a guest, please let us know and we'll contact the host for the recipe. We'd also love to have copies of photos of past Progressive Suppers.

To submit a recipe, simply log onto the homepage of the SHA website at [www.summithillassociation.org](http://www.summithillassociation.org). Click on the [Progressive Supper Cookbook](#) link under "Upcoming Events & Projects." Enter your recipe on the form and click on SUBMIT.

If you have any questions, please contact Laurel Wichman (222-6772, [lawichman@aol.com](mailto:lawichman@aol.com)) or Tamara Haas (227-4023 or [lcdingmann@aol.com](mailto:lcdingmann@aol.com))

## 2005 SHA MEETINGS & EVENTS

- Meetings are held in the Linwood Community Center, 860 St. Clair Avenue, 7 PM
- Parking Committee: 1st Monday
- Executive Committee: 1st Tuesday
- Zoning/Land Use: 1st Thursday
- Pedestrian Safety/Traffic Calming: 2nd Mon.
- Board of Directors: 2nd Thursday
- Environment Committee: 3rd Thursday

**Recycling: Every Friday, 7 am**

### OCTOBER

- 1 Fall Garage Sale
- 3 Parking Committee
- 4 Executive Committee
- 10 Pedestrian Safety/Traffic Calming
- 11 Annual Meeting and Elections
- 20 Environment Committee

### NOVEMBER

- 1 Executive Committee
- 7 Parking Committee
- 10 Board of Directors
- 12 Fall Progressive Supper
- 14 Pedestrian Safety/Traffic Calming
- 17 Environment Committee
- 29 Executive Committee (for Dec.)

### DECEMBER

- 5 Parking Committee
- 8 Board of Directors
- 12 Pedestrian Safety/Traffic Calming
- 15 Environment Committee

### JANUARY

- 2 Parking Committee
- 3 Executive Committee
- 9 Pedestrian Safety/Traffic Calming
- 12 Board of Directors
- 19 Environment Committee
- 31 Executive Committee (for Feb.)

### FEBRUARY

- 6 Parking Committee
- 9 Board of Directors
- 13 Pedestrian Safety/Traffic Calming
- 16 Environment Committee

**NEXT  
NEWSLETTER  
DEADLINE:  
NOON,  
NOVEMBER 10**

### THE SUMMIT Staff

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of Grand Graphics.



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## WINDSHEILD REMINDER

Please cut out this flyer and use it to help educate drivers



### Don't Park Too Close to Corners

Are you having trouble seeing to cross the street, by foot or by car, because your view is blocked by parked cars?

#### It is against the law to park within:

- 30 feet of a stop sign or traffic light
- 20 feet of a sidewalk at an intersection
- 10 feet of a fire hydrant
- 5 feet from alleys and driveways

Call St. Paul Parking Enforcement at 266-5585 for problem parkers and help make the neighborhood safer for pedestrians AND drivers.



### Summit Hill pedestrian safety lawn signs are available now for \$5 each.

Send a check made out to the Summit Hill Association, along with the information below to:

The Summit Hill Association  
860 St. Clair Avenue., St. Paul, MN 55105

For more information, call the office: 651-222-1222.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Qty of signs: \_\_\_\_\_

Amount enclosed: \$ \_\_\_\_\_



# Happenings In

## Fall Clean Up Scheduled at Triangle Park

On Sunday, October 16th, 2 - 4 pm there will be a Fall Clean-Up and Bulb Planting at Triangle Park at Dale and Goodrich. Resident Marianne Jurayj leads this important civic duty and has worked tenaciously to beautify this unique park. She's invested time and money to make the improvements and is organizing other residents to help maintain the park. She's an inspiration to the community and is a fine example of the great things you can accomplish through citizen action.

Marianne would love to have you plant bulbs and get Triangle Park ready for winter. It's a great way to get outside to



Triangle Park at Dale and Goodrich

enjoy the autumn weather, meet some neighbors and take an active role in making your neighborhood more beautiful.

You can also help by donating a shrub or perennials. We are also collecting donations for a bench. Whether you donate time or money, it will be very much appreciated. We hope you can attend this exciting and fun event.

Its nice to have a beautiful open green space in the heart of St. Paul. The beautification of Triangle Park adds true value to our neighborhood. If you have questions, you can email jurayj@com-cast.net. Thanks so much and we hope to see you at Triangle Park!

Steve Sanders,  
District 16 Environment Committee Chair

## Summit Hill MOMS - 2nd Annual Shop For A Cause November 19<sup>th</sup>

A bazaar to benefit the YWCA St. Paul Transitional Housing Program for mothers and children

Home-based businesses are increasingly popular for women seeking to stay home with young children while still paying the bills and maintaining a flexible schedule. According to Maureen Dolan, former president of the Summit Hill MOMS Club, a support and service group for at-home moms, "At least one-third of our members have some kind of independent business, whether it's teaching yoga, freelance writing, graphic design, or direct sales."

MOMS Club's 2nd Annual Shop For A Cause will feature the talents, goods, and services of many of those women, as well as artists, crafters, and other entrepreneurs from across the Twin Cities. **Held November 19th, from 10 am to 3 pm in IHM-St. Luke's School Auditorium (1079 Summit Ave., at the corner of Summit and Lexington)**, this shopping event will raise money for the YWCA Transitional Housing Program in St. Paul. The program provides homeless women and their children a safe place to stay and life-skills training to prepare them for employment and stable housing in the

community. Child-centered programming and family enrichment activities help promote healthy child development and empower the family unit.

Summit Hill MOMS Club has donated to women's shelters, food shelves, and community organizations regularly since the group formed in 2002. The group is one of several Minnesota chapters of International MOMS Club, a non-profit organization comprised of over 75,000 members in the United States alone, with the mission of supporting women's choices and helping children in local communities.

MOMS Club hopes the event will benefit holiday shoppers as well as local charities. President Beth Barsness said, "This is really a one-stop holiday shopping opportunity. Not only will we have representatives from all the top home party companies, like Creative Memories and Pampered Chef, but we'll have jewelry, personal stationery, hand made children's clothes, fleece outerwear, and other one-of-a-kind items you can't find in any store. We have a great collection of local artists



and crafters." There will be over 40 vendors.

Shoppers will also be able to take a pampering break: massages will be available, consult with a personal trainer, and esthetician Darlene Prevost will provide eyebrow makeovers. Some lucky shoppers will take home one of four raffle baskets filled with donations from all participating businesses. And if that were not enough, there will be a bake sale!

Contact information:  
Beth Barsness, President  
651-690-1046  
Dawn Ellerd, event organizer  
651-290-2325

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## Crime Prevention Connection

### FALL INTO SAFETY

This is the season of leaves falling, returning to school, savoring apple cider, and choosing pumpkins; another season, another reason to consider safety practices that prevent injuries and crimes.

### Bicycle Safety Tips:

- Protect your head, wear a helmet while riding
- Stash your headphones, stay alert and focused on navigating your bike
- Be sure your bike is adjusted properly
- Always check brakes before riding
- Use reflective clothing, bike reflectors and lights
- Avoid biking after dark
- Always keep a lookout for obstacles in your path
- Obey traffic laws, a bike is a vehicle, keep to the right
- Securely fasten your wheels to the bicycle's frame
- Signal your moves as a matter of law, courtesy and self-protection
- ALWAYS lock your bike, in the garage, in the yard, ALWAYS!

### Running/Walking Tips:

- Go with a friend when possible
- Be aware, survey your surroundings/circumstances for possible dangers
- Be careful, avoid bushes, shrubbery and wooded areas
- Volume alert, adjust headset volume to hear people/noises around you
- Let someone know where you are running/walking and how long
- Know where you can go for help
- Wear reflective and/or light colored clothing
- Carry some sort of identification with you

Report all suspicious activity (266-5512) and/or crimes in progress (911).

And, most importantly, have a wonderful biking/running/walking exercise adventure. Wave to an old neighbor and greet a new one. Crime prevention often depends on knowing your neighborhood, who lives there and what ordinarily occurs. Remember to "Sweat The Small Stuff" when it comes to suspicious circumstances and individuals. Citizens and the police are partners in crime prevention. Together we can and will make a difference.

### Hey Neighbor!

*A regular feature highlighting local Block Clubs*

Fall is the perfect time to start a neighborhood Block Club if you haven't already. Folks are home from vacations

and are settling into the school year routine. It is a great time to get to know the new people who moved in over the summer and welcome them to the neighborhood.

Block Clubs and Building Clubs (for apartment and condo association members) are considered by experts to present the best opportunity for reducing the likelihood of crime in our neighborhoods. Researchers from the Wilder Research Center point out that crime prevention programs are most successful if they include some of the following elements: joint police and citizen involvement, strong understanding of the neighborhood and strategies that address multiple neighborhood issues. Block and Building Clubs incorporate all of these characteristics. They work most effectively when people get involved and think creatively about what they can achieve together.

A Block Club may encircle one block, two sides of a street or it may cover a larger geographic area. Size and configuration do not matter. What matters is what works for interested residents. It is up to the people in the Block and Building Club to decide what their needs are, what works best for them.

Some Block Clubs includes residents from an apartment building and/or condo association as well as individual dwelling neighbors. A Block or Building club could include businesses as well as private residences.

Block and Building Clubs provide opportunities to serve community needs in addition to crime prevention. Clubs offer a variety of options, i.e., Neighborhood Night Out celebrations, holiday get-togethers, baby-sitting co-ops, snow shoveling teams, plant exchanges; lots of choices, lots of opportunities to create a strong and vibrant community. It only requires a few hours each month to become a Leader. It is a terrific way to take an active role in the well-being of your neighborhood. Please give serious thought to volunteering for this important position. Starting a Block or Building Club is easy. Give us a call at the Summit Hill Association Office, 651-222-1222. We have a Block Leader Manual, lots of useful information and helpful suggestions to get you started today. The Summit Hill Association pledges to support your efforts, to keep you informed and to advise you when needed. We are here to help.

If you do not know who your Block/Building Club Leader is, give us a call and we will be happy to advise you.

Thank you, current Block Leaders, for your contributions to this community.

### Friendly Reminders:

*Crime updates from SPPD Western District Crime Prevention Meetings*

The recent crop of crime related TV programs often promotes the notion that fingerprinting is a common police practice, easily done and always useful for solving crimes. At the last Western District Crime Prevention meeting we discussed how difficult it is to "lift" prints from a number of common surfaces, how unreliable these prints can be and how ineffectual the attempt to collect fingerprints often is in the course of routine police work. The "best" surface for collecting prints is glass where prints, by the way, are least often found. If, in the unfortunate event, you experience a burglary or theft the officer on the scene will make a judgment call based on their extensive training and/or experience whether or not even to attempt to collect fingerprints since so many surfaces do not produce viable prints.

Crime related TV may be entertaining, however it often promotes fantasy interpretations of everyday police work according to Doug Holtz, St. Paul Police Investigations Commander at the Western District Office.

The next Block/Building Club Leader meeting will be Thursday, October 27, 2005 at 7pm in the meeting room, downstairs, Linwood Community Center, 860 St Clair Avenue. The topic of this meeting will be "Personal Defense & Safety Options". There will be a presentation by representatives from the National Karate School on Grand Avenue and area police officers. A drawing will be held among those present for a free month of lessons at the School. There will be an opportunity at this meeting to hear updates and ask questions about neighborhood issues.

Community members interested in becoming a Block or Building Club Leader are strongly encouraged to attend. Hope to see you Oct 27th.

*Diane Hilden,*  
Crime Prevention Coordinator  
cpc@summithillassociation.org  
www.summithillassociation.org



  
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## Residents Using the 2005 Stump Removal Program

The Summit Hill Association has once again contracted with a stump removal business to grind boulevard stumps in the Summit Hill neighborhood. The city will pay half the cost of stump grinding and homeowners will pay the other half (\$35). Several homeowners in Summit Hill have already taken advantage of the savings. Homeowners are responsible for having tree stump chips hauled away (or using the chips on their property for mulch) and also for putting down black dirt and grass seed. If you are interested in having a boulevard stump removed, please call the SHA office at 222-1222. Program runs until late November. All work will be done on a pre-pay basis only.

## Free Brush Disposal!

Looking to get rid of that brush you been collecting from your yard? You can dispose of it for free at the Ramsey County Midway Yard Waste Site - located just north of the intersection of Pierce Butler Route and Prior Ave. This site is open from April through November. Restrictions are as follows:

- Ramsey County residents only – be prepared to show ID
- NO commercial yard waste or tree services allowed
- NO stumps, lumber, or hardware (wire, nails, tree lights, etc.)

HOURS: Mon, Wed, Fri: 11:00 - 7:00;  
Saturday: 9:00 - 5:00; Sunday: 11:00-5:00.



**Without a trim, trees and shrubs don't look so good either.**

**It's a good time for pruning.**

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The Red River Oxcart Train pictured here is one link to past steamboat traffic, and St. Paul's fur trade origins, that will never be seen or heard again -- the squealing ungreased wooden axels could be heard from three miles away! From 1820-1870, the Red River Oxcart Trail was a 400 mile expressway from Pembina (North Dakota) to St. Paul that fueled Minnesota's first major industry and created our city as the head of navigation on the Mississippi. The end of the trail skirted the eastern end of Summit Hill (then a tamarack swamp) just below the Cathedral and followed Kellogg (3rd Street) down the hill and along the river to Jackson Street.

The carts delivered bison skins, furs, moccasins, pemmican etc to steamboats headed downstream to St. Louis for delivery across the eastern U.S. The annual mid-summer arrival of the carts was a sight "as novel and original as has ever appeared since Noah's Ark was evacuated." Frontier St. Paul was a cultural crossroads, and the French-Canadian-Native American drivers chose to camp outside what they viewed as a "barbarous" city. This 1860 photo taken by my ancestor William H. Illingworth, an early pio-



Oxen and traders resting on Marshall Avenue in the mid 1800s

neer photographer in St. Paul, depicts oxen and traders resting on Marshall Avenue (near Dale or St. Albans) at a "fine body of clear water called Larpenteur's Lake."

From their outpost on Summit Hill, the traders rested a few weeks and waited for the steamboat's horn to announce arriving goods such as tools, gristmills, flour, blankets, and clocks to bring back

to Red River settlements. For the people of St. Paul, the departure of the last cart train also signaled the end of summer. By 1860, Summit Hill development was just beginning as the oxcart era ended. By the early 1870's railroads connected trade routes and the oxcart/steamboat "freightway" became obsolete.

Submitted by Gabrielle Horner

## Reduce Waste by Shopping Secondhand Stores

"...re-using goods eliminates garbage and helps the environment. Buying used goods will cut down on resources needed to make and distribute new products." - according to "Saint Paul's Secondhand Stores Directory" a new booklet developed by the Thomas-Dale District 7 Planning Council.

This directory lists a number of second-hand stores in the greater St. Paul and surrounding areas that accept gently used clothes, household goods, furniture, electronics, books and toys. Written in 4 languages, English, Hmong, Spanish and Somali, this handy listing encourages us not to simply donate our "extras" but also to consider shopping "Used First" as a means of fighting excess before it occurs. Stop by the SHA information table just outside our office at the Linwood Community

Center to pick up one of these highly useful booklets or let SHA know you want a copy.

Shopping "Used First" may add some new and serendipitous sparkle to your shopping adventures. Remember to keep charitable organizations in mind this summer and fall after your garage sale and/or household clean up.

## Kudos to the gardening team

Kudos to the gardening team from Transition To Independence (TTI) for helping keep the garden area at the Linwood Community Center looking great this summer. TTI is a St Paul School community-based transition program for young adult special education students to foster independence and instruction in community based settings.

Diane Hilden  
Crime Prevention  
Coordinator  
Summit Hill  
Association



## The Job Connection Can Help!

Do you need help with minor home repairs, cleaning, yard work, or other household chores? Are you over 60 years old or an adult with a disability? The Job Connection can help!

The Job Connection recruits volunteers and screens and refers youth and adult contractors who provide affordable help with household chores and minor home repairs.

To learn more, call Anna Henning, Job Connection Coordinator, at the Macalester-Groveland Community Council office at 651-695-4000.

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# Linwood Rec Center

860 St. Clair Avenue  
(651) 298-5600  
TTY: (651) 266-6378

## Building Hours:

Monday 7 a.m. – 9 p.m.  
Tuesday 6 a.m. – 9 p.m.  
Wednesday 7 a.m. – 9 p.m.  
Thursday 6 a.m. – 9 p.m.  
Friday 7 a.m. – 9 p.m.  
Saturday 9 a.m. – 1 p.m.  
Sunday CLOSED

## LINWOOD BOOSTER CLUB!

The Linwood Booster Club helps to make Linwood Recreation Center a nice and enjoyable place for you and your family. They have sponsored many events throughout the year and help make Linwood a relaxing and beautiful facility for you and your family. A yearly family membership provides your family with benefits, such as: reduced fees for team sports, free events, special mailings, possible tax deduction, and the opportunity to support activities, programs, facilities and equipment at Linwood Recreation Center. The registration fee is just \$15 per year. Registrations are available at Linwood Recreation Center. Join the club, become a member today.

## PARENT/TODDLER GYM TIME

Linwood 651-298-5660  
This is an unstructured gym time for parents and their toddlers to play in our gym during the fall, winter and spring. A variety of large movement toys will be available.  
Thursdays  
Begins Sept. 8  
9:30-11:30 a.m.  
Free  
Ages 5 & under  
On-going

## RECREATION FOR PRESCHOOLERS (RPS)

Instructor: Bobbi Jo Solberg  
Applications will be taken by phone starting Sept 1, 2005 for the 2006-07 school year. RPS is a preschool type program with separate classes for 2, 3 and 4-year olds. A variety of activities are provided to encourage language, cognitive, gross and fine motor skills. Low staff/ child ratios are maintained in order to ensure both a quality program and safe environment. Call for more information regarding days, times and fees.

## DANCE CLASSES

Instructor: Amy Lee  
REGISTRATION: Call Linwood Recreation Center  
Monday Classes:  
October 31 – December 19 (8 Classes)

\$50  
Wednesday Classes:  
November 2 – December 21 (8 Classes)  
\$50

Amy offers a variety of classes for ages 2 1/2 - 16 during the summer. Her Creative Movement classes explores basic movement and dance concepts while increasing strength and coordination, Ballet & Tap where students will learn the basic techniques essential to building the right muscles for this beautiful, yet demanding art form and Dance Company/ Create a Dance where choreography will be explored and created in group and individual forms. For further information please pick up a flyer at Linwood Rec. Center or call at 651-298-5660.

## KARATE: SOO BAHK DO KARATE

Instructor: Mike Kelly 651-690-1489  
email: mike@kellyrenewals.com  
Ages 6 to adults. A traditional martial art emphasizing discipline, concentration, self-confidence, personal development, self-defense, conditioning and more. Learn from an internationally ranked certified master instructor with 20+ years of experience. Introductory and family discounts available. For more information or to register, call or e-mail Mike Kelly.

Introductory Classes for New Students:  
Saturdays starting Sept 10, 8 sessions  
9-9:55 a.m.  
Fee: \$70  
Saturdays starting Nov 5, 8 sessions  
9-9:55 a.m.  
Fee: \$70

White/Orange Belt Level  
Saturdays: 10-10:55 a.m.  
Tuesdays: 4:30-5:30 p.m.  
Fee: \$35/Month  
On-going

Green/Red Belt Level  
Saturdays: 11:50 a.m.-11:40 a.m.  
Tuesdays: 5:30 p.m.- 6:30 p.m.  
Fee: \$35/Month  
On-going

## ADULT/SENIOR FITNESS & WELLNESS CLASSES AT LINWOOD

Our certified instructors at Linwood offer a variety of fitness and wellness classes to accommodate all levels of participants in fun atmosphere. All classes are \$5/session. Discounted punch cards are available for purchase. A 24 Fitness Punch Card is \$60, and a 16 Fitness Punch Card is \$45. Punch cards do not expire and may be used for any Linwood aerobics class. Punch cards may not be used for the Exercise/Weight room. For class descriptions pick up a SA3 brochure at Linwood Rec. Center.  
CARDIO WORKOUT:  
Instructor: Teresa Davenport  
Mon/Wed, 9:15a.m.

COMPLETE FITNESS CHALLENGE:  
Instructor: Colleen Tusa  
Tues 10:30 a.m., Fri 9:30 a.m. & Sat 9a.m.

EARLY BIRD CARDIO WORKOUT:  
Instructor: Cliff Swynigan  
Tues/Thurs, 6 a.m.  
55 PLUS FITNESS CLASS:  
Instructor: Teresa Davenport  
Tues/Thurs 9:15 a.m.

PILATES BASED EXERCISE:  
Instructor: Cliff Swynigan  
Tues/Thurs, 6:15 p.m.

YOGA  
Instructor: Teresa Davenport  
Wed 7:45 p.m. & Fri Noon

**LINWOOD ANNUAL FALL BONFIRE**  
**Linwood 651-298-5660**  
**This night is a fun evening for family and neighbors. Join us for food, games, entertainment and a beautiful night huddled around the bonfire.**  
**Saturday October 8th, 5-9 p.m.**  
**Free for Linwood Booster Club members**  
**\$10 for non-member families**

# Fall Good Neighbor Reminders

Occasionally, we get phone calls at the SHA office asking us to remind neighbors about small things that they can do to make the neighborhood a more pleasant place in which to live. Here are a few reminders from your fellow neighbors.

## Pick up after your pet.

It is amazing how many phone calls we receive about this topic. People are especially concerned about sidewalks, yards, and park land. No one likes to find a "surprise" on the bottom of their shoe. Remember to take a plastic bag with you when fido or fluffy are out roaming the neighborhood.

## Help keep the alley clean.

It is easy to stash those unwanted items between the garage and the back fence and forget about them. However, neighbors who drive the alleys see them every day, and untidy alleys send the message to the criminal element that this is a good place to set up shop. Make use of the neighborhood garage sales and annual spring cleanup to get rid of unwanted items. Pitch in your contribution to your block's alley maintenance and snow plowing funds.

## AD SPECS & RATES

- Ads must be camera ready
- Digital files are preferred (PDF or EPS files at 300 dpi)
- Call the SHA office with any questions: 651-222-1222
- **Small:** \$110  
4.875" w x 2.75" h (4-7/8" x 2-3/4")
- **Medium:** \$140  
3.25" w x 5.625" h (3-1/4" x 5-5/8")
- **Large:** \$200  
10" w x 3.5" h (10" x 3-1/2")

## Interested in Telling 3500 Neighborhood Consumers About Your Business?

Contact the SHA Office at 651-222-1222 to place an ad in the next issue of *The Summit*. See ad sizes and rates below.

**The AMAZING HUSBAND HANDYMAN**

**Russell Dedrick**  
**651/776-1780**  
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russell@amazinghusband.com  
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# St. Paul Community

## Helpful Numbers

**St. Paul Citizen Service Office:** 266-8989  
Call the Citizen Service Office for general city information, requests for services, suggestions or complaints regarding city services.

**Emergency ..... 911**  
Fire (non-emergency) ..... 224-7811  
Police (non-emergency) ..... 266-5512  
City Attorney ..... 266-8710  
Human Rights ..... 266-8966  
Animal Control ..... 266-1100  
Building Permits, Inspection and Design (LIEP)..... 266-9090  
Forestry ..... 632-5129  
Libraries ..... 266-7000  
Parking Enforcement ..... 266-5585  
Parks and Recreation ..... 266-6400  
Planning & Economic Dev. .... 266-6700  
Public Health ..... 266-2400  
Pothole and Street Repair ..... 292-6600  
St. Paul Regional Water Service ..... 266-6350  
Eureka Recycling ..... 222-7678  
*Information about hazardous waste disposal, composting, yard waste disposal, environmental training and educational programming.*

**Housing Information**  
City Housing Services ..... 266-6626  
*Renter Services, Foreclosure Prevention Program, Counseling & Education, First-time Home Buyer Help, Low-Interest Loans, Low Interest Loans for Home Buying, Rehab and Repair*

Dispute Resolution Center ..... 292-6067  
Neighborhood Energy Consortium ..... 221-4462  
*Energy audits, hOur Car Program, Saint Paul Classic Bike Tour*

Environment and Energy Resource Center ..... 227-7847  
*Emergency home energy loans & grants, low-interest rehab & repair loans, general home finance assistance, energy audits*

City Exterior and Interior Complaint Units ..... 266-8989  
*Inspectors enforce regulations on property issues. This includes, but is not limited to, environmental nuisance issues such as junk cars, junk in yards, rubbish, tall grass & weeds, maintenance and code violations on one & two-unit dwellings.*

**Local Elected Officials**  
Councilmember Dave Thune (Ward 2) 266-8620  
dave.thune@ci.stpaul.mn.us  
Mayor Randy Kelly ..... 266-8510  
mayor@ci.stpaul.mn.us  
County Commissioner Toni Carter (District 4) ..... 266-8364  
toni.carter@co.ramsey.mn.us  
County Attorney Susan Gaertner ..... 266-3222  
Attorney General Mike Hatch ..... 296-6196  
attorney.general@state.mn.us  
State Senator Richard Cohen (Dist 64) 296-5931  
sen.richard.cohen@senate.leg.state.mn.us  
State Representative Matt Entenza (Dist. 64A) ..... 296-8799,  
rep.matt.entenza@house.leg.state.mn.us

## Living at Home/ Block Nurse Program News



Mark your calendars for Thursday, October 27th to get a flu shot this season. Minnesota Visiting Nurse Agency will be providing the shots from 10:30-12:30 at St. Paul's United Church of Christ located at 900 Summit (corner of Summit and Milton). There is parking available in the church lot. **Bring your Medicare card (Part B), any other insurance card and any coupon received in the mail to have Medicare billed for your shot.** The cost of the shot is \$19 for those that will be paying. If you have any questions about this, feel free to call 651.222.7884.

We encourage you to give us a call to find out about the services we have to offer to those that are 65 and older and live in Summit Hill. Frequently it's just a small amount of help needed to keep a person in their home. We are always glad to talk through options with you. Call Sue or Julie at 651.222.7884.

Julie Poupore  
Program Director

## KidsPark

KidsPark, a drop-in childcare co-op sponsored by the Macalester Groveland Community Council (MGCC) provides affordable daytime childcare in a social and educational setting, operating in the warming house at Groveland Park. While it is a program of the MGCC, it is open to all families who are interested. KidsPark is located at 1961 St. Clair Ave. The program year begins on September 6. Interested families are encouraged to come see the facility, learn about our services and meet our teachers and new director. Call MGCC at 695-4000 for further information.

## "Come Join the Feast" at St. Paul-Reformation Lutheran Church

If you look at bumper stickers, you may see some news ones popping up on the cars belonging to members of St. Paul-Reformation Lutheran Church. The new slogan for the church is "A Potluck of People -- Come Join the Feast." The congregation has been in the community for 122 years and in recent years has become a much more diverse and inclusive community of persons of color, gay, lesbian, bisexual and transgender persons, persons of all ages, many young children including newly adopted chil-

dren from China, Guatemala, Ethiopia and other parts of the world. A recently erected Peace Pole on the Laurel Avenue side of the church has the statement, "May Peace Prevail on Earth" in 12 different languages. St. Paul-Reformation, located at Oxford and Laurel in St. Paul has Sunday worship at 8:00 and 10:30 from September through May and a strong education program for children, youth and adults at 9:00.

Peace,  
Paul Tidemann, Pastor

## Join the Celebrations of Minnesota Artist and Benefactor Jerome Hill

The singular power of artists creating new works that illuminate the human condition was a guiding force in the life and legacy of Minnesota-born, Academy-Award winning filmmaker, painter, photographer, composer and arts patron, Jerome Hill (1905-1972) -- who created the Jerome Foundation which has supported thousands of emerging artists from Spike Lee to August Wilson. The grandson of railroad builder James Jerome Hill, Jerome Hill devoted his life to the arts as a practitioner, producer and patron.

In honor of the 100th anniversary of Jerome Hill's birth, the Jerome Foundation is uniting with the Walker Art Center in Minneapolis, the Minnesota Historical Society in St. Paul, the Museum of Modern Art in New York, and St. Paul Academy and Summit School to celebrate Hill's lasting commitment to independent artists creating today. Beginning in September 2005, Jerome Hill Centennial events will include:

**September 10, 2005—January 8, 2006, James J. Hill House**  
Jerome Hill: Beyond The Frame, an exhibition of Jerome Hill paintings, drawings, film stills and photographs at the Minnesota Historical Society's James J. Hill House in St. Paul, Minn. The public opening on September 10, 12 Noon – 4:00 p.m. will feature four short concerts of music by Jerome Hill and composers important to him: Alec Wilder, Bach and

Messaien. Performers will include harp-sichordist Layton James, flutist Julia Bogorad, organist/conductor Philip Brunelle (performing Hill's "Dirge: Lament for M.L.K." among other works), singer Jake Endres and pianist Thelma Hunter.

### Lectures at the James J. Hill House:

October 18, 2005, 7 p.m.: *Travels with Romey: Jerome Hill's Photography*, a lecture by Photography Curator George Slade at the James J. Hill House. Call 651-297-2555 for reservations.

November 8, 2005, 7 p.m.: *Jerome Hill and the Eternal Moment*, a lecture by Exhibition Curator Brian Szott at the James J. Hill House. Call 651-297-2555 for reservations.

### November 16—November 19, 2005

Jerome Hill Centennial: A Filmmaker and His Legacy, featuring films by Jerome Hill and artists supported by the Jerome and Camargo Foundations, at the Walker Art Center, Minneapolis.

### September 6—September 30, 2005

Jerome Hill Centennial Photography Exhibition, a selection of Jerome Hill photographs at Saint Paul Academy & Summit School, St. Paul, Minnesota.

For more information on 2005 Jerome Hill Centennial events in Minnesota and New York, visit [www.jeromefdn.org](http://www.jeromefdn.org) or call Breanna Wagner at 612-337-0087.

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## IN THE SPOTLIGHT: Fringe Salon & Spa



Fringe Salon & Spa, 1129 Grand Avenue

A harmonious group of unique people providing a beautiful affirming experience for its guests, Fringe Salon & Spa, a full service salon and spa located at 1129 Grand opened its doors on July 5, 2005. Fringe offers haircuts, colors, perms, relaxers, braiding, and extensions for all types of hair on the main level. Upstairs they offer manicures, pedicures, facials, and full body waxing, including Brazilian waxing. They are excited to be adding massage starting in October. In addition to the services, they offer Phyto hair products, Phytomer skin care products, and Kusco-Murphy an Australian line of pomades.

Molly Carry, who owns Fringe along with her husband Rob, says she felt it was her responsibility to create her vision of the ideal team and salon/spa. She says she has worked hard to create the "ultimate dream team" and feels they did just that. Fringe currently has four stylists, two estheticians, and a nail technician.

Molly says she "has always been drawn to Grand Avenue" and "likes the idea of the small independent businesses of the area and how they support one another." She says when it came to decorating Fringe, she enlisted the help of Jean Wolfe from Traditions which is also located on Grand Avenue.

Walking into Fringe you will see that it is no ordinary house. It shares the building with Laurel Street Flowers and provides a beautiful, warm and comfortable environment for your salon/spa experience.

Offering an experience rather than a service is what the team at Fringe is committed to. "I believe that everyone should live their best life, whatever that means to them", said Molly. Molly shares that she is living her best life and that she is leading by example for her three children saying "you can't say without actually doing". Molly and the team at Fringe invite you to their open house on Saturday, October 15th from 2pm -6pm.

Fringe Salon & Spa is open Tuesday/Wednesday/Thursday from 9am - 8pm, Fridays 9am - 6pm, and Saturdays 8am - 4pm. They will be opening their doors on Mondays from 10am - 6pm starting in November. Stop in at 1129 Grand Avenue and experience Fringe.

**Mention this article and receive \$10 off your first service of \$50 or more.**

## Gabbing On Grand!

### BOO BASH Saturday, October 29, 2005

The Grand Avenue Business Association proudly presents Boo Bash 2005. Come stroll down Grand Avenue to enjoy dozens of activities designed specifically for families. Grab a coat and enjoy the crisp fall air while sipping on a hot cup of coffee or cider. Then, choose from dozens of activities sure to put the entire family in the Halloween spirit. Events include Trick-or-treating, Harvest Delight food samples, Costume contests, storytelling, face painting, sidewalk sales and store discounts. For details, log onto: [www.grandave.com](http://www.grandave.com)



### SHOP AND DINE BY CANDLE-LIGHT

#### Thursday, November 17, 2005

Spend an enchanted evening along Grand Avenue by twinkle light. Enjoy the sounds, scents, tastes and savings for the holiday season. Many Grand Avenue Business Association members will have holiday treats, shopping savings, demonstrations and merriment for you to enjoy.

GABA has a new mission statement! - To preserve Grand Avenue's unique urban tradition and hometown character while fostering cooperative relationships with business, government and the community at large.

**SHOP LOCALLY**  
for a Strong and Stable Community!



## Neighborhood Volunteer Opportunities: You Make the Difference!

Check the boxes of the projects that interest you.

Then cut out and send this form to: SHA 860 St. Clair Ave., St. Paul, MN 55105

Projects Where You Can Help:	Commitment	Check Here
<b>Board of Directors:</b> Get elected at annual October meeting to the SHA Board of 21 members and help lead the neighborhood	Call for details	<input type="checkbox"/>
<b>Newsletter and Welcome Packets</b> • Write articles for The Summit newsletter • Deliver Welcome Packets to new residents.	Every other month Variable	<input type="checkbox"/> <input type="checkbox"/>
<b>Office Assistance:</b> Assist with mailings, phone calls and copying.	Variable	<input type="checkbox"/>
<b>The Gardening Club:</b> Maintains the landscaping at the Linwood RecCenter and organizes the Neighborhood Plant Exchange.	Spring/Fall Once per month	<input type="checkbox"/>
<b>Annual Cleanup Each Spring:</b> Check in and help unload materials	3 hours in May	<input type="checkbox"/>
<b>Pedestrian Safety &amp; Traffic Calming:</b> Help develop solutions to long-standing issues of pedestrian safety and traffic.	2 Hours once a month	<input type="checkbox"/>
<b>Block Club Leader:</b> With assistance from SHA and the St. Paul Police Dept., help create or strengthen a club on your block to build neighbor to neighbor connections and safety on your block.	1 block party/year, Serve as contact for block concerns	<input type="checkbox"/>

Name: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ email: \_\_\_\_\_



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## The Power of 3!

According to the new USDA 2005 Dietary Guidelines, all of us should eat **3 Servings of Whole Grains** every day.

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**100% Whole Grain Great Harvest Bread!**



INGREDIENTS:  
Freshly Ground 100% Whole Wheat Flour,  
Water, Honey, Yeast, Salt.

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- Whole Grain Gusto
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Check our monthly newsletter at: [www.stpaulbread.com](http://www.stpaulbread.com)



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