



The Summit

NEWS FROM THE NEIGHBORHOOD

THE SUMMIT HILL ASSOCIATION • DISTRICT 16 • BIMONTHLY NEWSLETTER, ISSUE #90 • AUGUST 2007

An Invitation from the SHA President: Consider a Run for the Board



SHA President - Elizabeth Wefel

After living in the Summit Hill Neighborhood for four years, I realized that I did not know many of my neighbors. I also recognized that there were issues impacting the quality of life in our neighborhood where I wanted to help out. So 3 years ago, I ran for and was elected to the Summit Hill Association (SHA) - District 16 Planning Council Board of Directors.

Since then I've made friends with many neighbors and developed a deeper understanding of the issues affecting our neighborhood and how citizens can make a difference. If you'd also like to help make your neighborhood a better place to live, I invite you to run for a seat on our Board of Directors in

October. We will be electing 10 members out of a total Board of twenty-one.

Originally formed in 1967 and designated as one of 17 St. Paul District Planning Councils in 1977, the SHA's mission is to enhance the quality of life in our neighborhood, through a wide range of community projects and programs. The elected 21-member Board develops goals and policies for our organization, assists in implementing its policies and plans, and advocates for our community and its continued health and welfare.

Our Board meets once per month. Our work is varied, but always interesting. We frequently host neighbors, business people, policy makers, and other guests

to help us gain a deeper understanding of important issues or projects, such as the proposed burner at the Rock-Tenn facility, the St. Paul Bike transit plan, the development at the Bridges Project on the Westside, and a proposed Salut Restaurant on Grand Avenue.

Elected officials and their representatives visit to share information and gain our input on neighborhood issues. For example, Erin Dady, from the Mayor's Office, recently stopped by to explain how the City is planning for the upcoming Republican Convention in 2008 and how it might affect our neighborhood. We also venture out to share our concerns. For example, when the Planning Commission and then the City Council

were deciding whether to adopt our comprehensive neighborhood plan, many board members attended the hearings on these issues and several members testified.

Of course, throughout the year, we also address the important duties that you would expect a neighborhood organization to perform. We adopt an annual budget and review the organization's financials every month. We discuss and make recommendations on a variety of issues affecting our neighborhood such as comprehensive planning, commercial development, traffic and pedestrian safety, parking issues, and crime prevention.

Run for the Board Continued on p.2

Reseed and Replant the Sam Morgan Prairie - Your Help Needed

As many residents know who have lived in the Summit Hill Neighborhood for a while or who have visited Linwood Park, the Sam Morgan Prairie east of the Community Center is a surviving remnant of native prairie that once flourished on the hillsides and bluffs above the Mississippi River Valley here in the Twin Cities.

Prairie, a plant community dominated by grasses and maintained by fire, once covered large areas of Minnesota. Unfortunately, an estimated 99% of the original prairie in the Midwest has been destroyed by agriculture, road construction and development. We're fortunate that the Morgan Prairie remnant was found years ago and that through the combined efforts of SHA and many gen-

erous individuals and organizations we have been able to preserve and promote its continued existence.

However, this remnant prairie continues to be threatened by the spread of brome grass and other non-prairie plant & tree species. Brome grass tends to form large patches where no other plant species can survive. This is why the SHA Environment Committee contracted with the City of St. Paul and with funding from the Capital Region Watershed District to do a controlled burn of the prairie this past April. Periodic burns set back the invasive shallow rooted species allowing the more deeply rooted prairie plants to out compete their competitors.

Reseed Continued on p.2

Residents, Businesses Asked to Help Urban Forest Through Warm Weather

Saint Paul Park and Recreation Director Bob Bierscheid is asking residents and businesses to please water the boulevard trees in front of their homes and businesses.

"While we are not in a drought situation, the recent warm weather that we have been experiencing has been hard on the urban forest, especially the young trees," Bierscheid said. "We need the public's help to overcome the effects of this warm weather by having them water the trees in front of their homes and businesses." A weekly watering of several hours from a trickling hose is recommended. For more information about caring for trees, residents can visit the City's Website: www.ci.stpaul.mn.us.

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District 16 Planning Council**
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Saint Paul, MN 55105
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e-mail <summithill@visi.com>

Check out our web site at
www.summithillassociation.org

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SHA News and



Let Them Cross Safely.

Think of the Impact You Could Make. Stop for Pedestrians. It's the Law!

The 2007 SHA Board

Eduardo Barrera, 1083 Osceola Avenue
Nancy Breymeier, 745 Grand Avenue
Merritt Clapp-Smith, 785 Goodrich Ave.
Maureen Flahavan, 1073 Lincoln Avenue
Tammy Haas, 1037 Lincoln Avenue
Eric Hedberg, 1021 Lincoln Avenue
Alisa Lein, 894 Grand Avenue, #304
Jaimee Lucke, 1184 Fairmount Avenue
Marcia Odman, 969 Goodrich Avenue
Dave Ramberg, 1080 Fairmount Avenue
Deborah Rathman, 775 Fairmount Avenue
Mark Sutherland, 1141 Lincoln Avenue
JoAnn Verweij, 1000 Lincoln Avenue
Elizabeth Wefel, 977 Goodrich Avenue, #4
Jim White, 1071 Fairmount Avenue
Todd Wichman, 870 Osceola Avenue
Linda Winsor, 708 Goodrich Avenue

Next Election: Oct. 11, 2007

How Are We Doing?

As we publish each issue of *The Summit* newsletter, we are always looking for ways to improve it for our readers. Please take a moment to send us your suggestions, criticism and kudos (we'll take those too!) as to what you think about *The Summit*. Our email address is summithill@visi.com and our mailing address is 860 St. Clair Ave. Thanks.
The Editors

A Shortcut that Shortchanges Everyone

Jaywalk: to cross or walk in the street or road unlawfully or without regard to approaching traffic

The peaceful coexistence of traffic and pedestrians is a two way street. Drivers are required to stop for pedestrians waiting at intersections (marked and not marked) and to maintain speeds at or below those posted (30 mph for Grand, St. Clair, and Lexington Avenues). On the other side of the street are the pedestrians. Pedestrians are to cross only at intersections or crosswalks. They must make clear their intent to cross and give traffic sufficient time to see them and brake.

In the middle of the street, though, is the jaywalker. We know who we are. We are the ones just quickly cutting across Grand Avenue from the bank to the bakery. Perhaps we are the ones maneuvering through Lexington traffic towards the Lexington restaurant just 20 feet down from a signaled cross walk. We zig-zag through the cars already dealing with frustrating congestion. We dart in-between parked cars and stalled traffic. We force drivers to brake and back up cars into the intersection. We anger and frustrate drivers because we don't follow the rules that let pedestrians and traffic safely coexist.

And, when we have accomplished our goal to save a minute by jaywalking where does that driver's anger and frustration go? It continues down the street towards the crosswalk where a pedestrian is trying to legally cross. And is every driver going to feel compelled to stop as they should, or maybe is it time for a bit of pedestrian pay back?

Practice courtesy as a pedestrian, and a driver. Follow the rules, make clear your intent, and treat your neighbor as you want to be treated. The child crossing the street at the next block is counting on you.

*Eric Hedberg,
SHA Pedestrian Safety and
Traffic Calming Committee*

Run for the Board

cont. from p.1

Each board member also serves on at least one committee, which tackle projects and examine issues in more depth. For example, the Zoning and Land Use Committee holds public hearings and then makes decisions on requests for variances and permits on development, remodeling, and construction within our neighborhood. To learn more about our committees, please see my article in the June issue of *The Summit* newsletter or go to our website at www.summithillassociation.org to view the article on line.

Running for a position on our board is fairly simple. Elections will be held at our October 11th Board of Directors meeting. Anyone who lives in, owns property or a business, or serves as the designated representative of a business located in the neighborhood is a member of SHA and eligible to vote on and for the board. To run, you will need to submit a short statement about yourself, your interests and why you would like to serve as a member of the Board of Directors of the Summit Hill Association/District 16 Planning Council. Finally, it is important for you to attend the October 11th Annual Election meeting to introduce yourself to everyone before the voting. If you would like to learn more about the benefits and responsibilities of serving as a board member, please contact me or the staff at the Summit Hill Association office.

Elizabeth Wefel, SHA President

How to Get a Blue Recycling Bin

Blue recycling bins have been a symbol of Saint Paul's recycling program for over 15 years. The city of Saint Paul provides blue bins for curbside recycling at no charge to Saint Paul residents. If you live in the Summit Hill neighborhood, you can pick up blue bins at the Linwood Community Center. Please go to the Linwood Community Center information desk and ask for what you need.



Reseed & Replant

cont. from p.1



Neighborhood volunteers mulching and planting the Morgan Prairie back in 1999

Our next step is to organize a reseeding & replanting project this fall to increase the number of prairie plants and the diversity of species. It will not be a difficult task to do and would take less than a day. A date has not been set for the project yet, but we are already looking for volunteers to help with the planting. We're looking for kids and adults. If you have a neighborhood scout group or are interested yourself in participating, please call the SHA office at 651-222-1222 or email us at summithill@visi.com. We want to preserve the prairie for future generations to enjoy and learn about this amazing Minnesota eco-system. We look forward to hearing from you.

NEED HELP? Call The Job Connection!

Do you need help with minor home repairs, cleaning, yard work, or other household chores? Are you over 60 years old or an adult with a disability? The Job Connection can help!

The Job Connection recruits volunteers and screens and refers youth and adult contractors who provide affordable help with household chores and minor home repairs.

To learn more call Marie Nelson at the Macalester-Groveland Community Council office at 651-695-4000.



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Event Updates

UPCOMING EVENTS: Look for more Details in the October Issue of *The Summit*

Fall Garage Sale – October 6th See form on p. 10 of this Issue!

The Summit Hill Association will once again sponsor a fall neighborhood garage sale on Saturday, October 6th from 9 a.m. until mid-afternoon. Selling used items helps you clean out your attic, basement or garage. For a \$15 fee, participating households will receive copies of the Sale Site Listings flyer prior to the sale and two bright yellow "Summit Hill Garage Sale" posters. SHA advertises the sale in city-wide and local newspapers, on the SHA website and provide additional flyers for the public to pick up at the SHA office before the sale. Participating residents coordinate and staff their own garage sales and retain all proceeds.

SHA Board Elections/Annual Meeting October 11th - Consider Running!

If you want a strong and healthy neighborhood and would like to take an active role in guiding its future, consider running for a position on the Board of

Directors of the Summit Hill Association (SHA). We need your ideas, your time and your energy. We also need more renters on our board to represent issues unique to tenants. Contact us at 222-1222 if interested in further information.

Fall Progressive Supper – November 10th

Continuing a neighborhood tradition for over twenty years – the fall Summit Hill Association's Progressive Supper is set for Saturday, Nov. 10th. The evening consists of four courses, each of which is served in a different home. Neighbors visit a different host home for social hour (appetizers), soup or salad, main course, and dessert. Each participating household serves one course to six to twelve guests. It's a great opportunity to meet new Summit Hill residents, and to reconnect with familiar neighbors. And, of course, the food is always fabulous!

2008 Summit Hill House Tour

The *South of Summit Summit Hill House Tour* is already set for Sunday, Sept. 14, 2008. We're looking for volunteers to

head-up committees to plan the event (see page 4 advertisement for addition details).

Many generous neighbors will open their unique and beautiful homes for this walking tour of our historic neighborhood. Visitors will experience a wide array of houses and condominiums and interiors and architectural styles. We are still looking for houses and for guides for the tour, so if you would be interested, please call the SHA office at 651-222-1222. It is a fun experience and a great motivator to get those little projects done!

It remains one of the most popular historic house tours in Minnesota and draws visitors from all over the state and the upper Midwest.

The Summit Hill Association relies on this biennial fund-raiser to support all of its activities including neighborhood crime prevention, citizen participation in zoning and other neighborhood planning activities, recycling and public space initiatives.

If you are interested in volunteering for a committee, call Jan Cronquist at 291-0053.

2007 SHA MEETINGS & EVENTS

- Meetings are held in the Linwood Community Center, 860 St. Clair Avenue
- Dates and times may change - call SHA office to confirm: 651-222-1222
- Executive Committee: last Thursday, 7 PM
- Board of Directors: 2nd Thursday, 7 PM
- Communications Committee: last Mon., 7 PM
- Pedest. Safety/Traffic Calming: 2nd Mon. 7 PM
- Zoning/Land Use: 1st Thursday, 7 PM (not monthly; call to confirm schedule)

Curbside Recycling: Every Friday;

recycling must be out on the curb by 7am



AUGUST

- 1 *Summit* Newsletter arrives
- 9 Board of Directors
- 13 Pedestrian Safety/Traffic Calming
- 27 Communications Committee
- 30 Executive Committee

SEPTEMBER

- 10 Pedestrian Safety/Traffic Calming
- 13 Board of Directors
- 24 Communications Committee
- 27 Executive Committee

OCTOBER

- 1 *Summit* Newsletter arrives
- 6 **Fall Garage Sale**
- 8 Pedestrian Safety/Traffic Calming
- 11 **Elections/Annual Meeting**
- 25 Executive Committee
- 29 Communications Committee

NOVEMBER

- 8 Board of Directors
- 10 **Fall Progressive Supper**
- 12 Pedestrian Safety/Traffic Calming
- 26 Communications Committee
- 29 Executive Committee

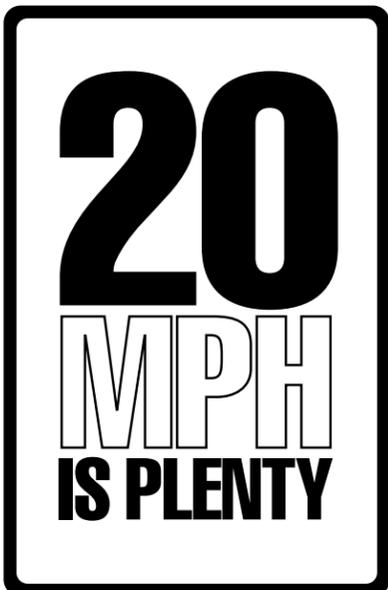
DECEMBER

- 1 *Summit* Newsletter arrives
- 10 Pedestrian Safety/Traffic Calming

NEXT DEADLINE: Sept. 13th, Noon

THE SUMMIT Staff

Jeff Roy - writer/editor.
Thanks to all contributing writers.
Michelle Mitchell - Ad Sales.
Graphics & layout by Becky Siekmeier of Grand Graphics.



Sign Up for E-Mail News from SHA

SHA is working hard to improve communications by creating an email contact list for important announcements (issues, events, meetings) that are time sensitive. If you want to be on the email list, go to our web site homepage at www.summithillassociation.org, click on "Electronic News" and enter your information.

Summit Hill Volunteer Opportunities

"Because strong neighborhoods don't just happen – they result from the hard work of many volunteer residents, just like you."

Ways You Can Help:

Board of Directors –

Run for office! Help lead the Summit Hill Association on a dynamic 21-member Board.

Block Leader –

Share your interests, leadership skills and enthusiasm with your neighbors become a Block Leader. Block Clubs build community, enhance the quality of neighborhood life, and reduce crime. Count on SHA support to help you.

Building Clubs –

Create a network of neighbors within your apartment house or condo to reduce crime and enhance your living experience.

Development Committee –

Add your talent to SHA fundraising efforts, including the biannual House Tour.

Environment and Beautification –

• Gardening Club – Help with planting, weeding, watering and mulching of our special gardens at the Linwood Community Center.

• Annual Cleanup – Work with others to help residents dispose and recycle materials at the May event.

Pedestrian Safety & Traffic Calming –

Add your ideas on finding solutions to long-standing concerns about pedestrian safety and traffic.

SHA Office –

Help us with mailings, phone calls and other community-building tasks!

PLEASE CALL TODAY!

Summit Hill Association (651) 222-1222 or email: summithill@visi.com
www.summithillassociation.org

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WINDSHIELD REMINDER

Please cut out this flyer and use it to help educate drivers



Don't Park Too Close to Corners

Are you having trouble seeing to cross the street, by foot or by car, because your view is blocked by parked cars?

It is against the law to park within:

- 30 feet of a stop sign or traffic light
- 20 feet of a sidewalk at an intersection
- 10 feet of a fire hydrant
- 5 feet from alleys and driveways

Call St. Paul Parking Enforcement at 266-5585 for problem parkers and help make the neighborhood safer for pedestrians AND drivers.



Summit Hill pedestrian safety lawn signs are available now for \$5 each.

Send a check made out to the Summit Hill Association, along with the information below to:

The Summit Hill Association
860 St. Clair Avenue., St. Paul, MN 55105

For more information, call the office: 651-222-1222.

Name: _____

Address: _____

Phone: _____

Qty of signs: _____

Amount enclosed: \$ _____



Happenings In The Country Life

By Gabrielle Horner

Daily life through the 1930's included horse-drawn wagon deliveries. In this 1905 photo near Lincoln and Oxford, many "country" streets of Summit Hill were not yet paved. Lucy Sargent Fricke (b. 1915 at 130 South St. Albans) remembers paved streets in the Hill District were primarily wooden "Belgian blocks" -- better for horse travel. Cobblestones were reserved for steep hills such as Kenwood Parkway.

Many homes in Crocus Hill had live-in cooks who would listen for the bells of the vegetable man who usually traveled the alleys, and run to view his selection. The Crocus Hill Market opened around 1900 on Grand Ave. and provided home delivery for over 90 years (today the old market building is Penzey's spice store), but it sold primarily cakes, cookies and meats in the early years.

In an article in Ramsey County History, Ruth Brin (b. 1921 at 1866 Portland) remembers that the milkman, whose horse was trained to walk to the next house and stop, spoke with a Scandinavian lilt. Brin remembers that the vegetable man, Tony, was Italian and came only in the summer. Both Ms. Fricke and Brin recall the excitement of the ice man since he was a great figure who came year-round. Homes would place a pre-printed sign with 50 or 100-



Vegetable man in front of 1033 Lincoln Avenue (1905). Photo courtesy of Minnesota Historical Society.

pound ice request in the kitchen window, and a "giant" man strong enough to sling ice blocks on his black rubber caped back would deliver to an opening outside the house and place in the back of the refrigerator. One of the last horse-drawn regulars was the "rag picker" who shouted loud enough to be heard for blocks and collected used clothes,

bottles and even furniture.

Neighborhood horse travel is evident today behind homes between Dale & Victoria with buildings that served as both car garage and horse barn where families kept their new car, and a horse (side by side) for riding on Summit Parkway bridle path.



SHOP LOCALLY
for a Strong and Stable Community!



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South of Summit Summit Hill House Tour 2008

Sound & look familiar? No? Hey, there are surprises everywhere — ! The Number One SHA Fundraiser needs Guides & Committee Chairs now!

Committee Chairs

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The 'Hill Area

Have an Idea? Let Us Know!

If you have an idea for improving our community please share it by contacting the SHA by mail, e-mail, web site or phone. See the front cover for contact information.

What the Living At Home/Block Nurse Program Can Do For You!

The Living At Home/Block Nurse Program (LAH/BNP) is set up to assist with both medical and non-medical needs. Most of the programs have a nurse and home health aide available. A nurse may come in to monitor certain types of chronic illness or for an abbreviated time after a hospital stay.

Home health aides come in to help with personal cares (bathing, dressing, etc.) and to provide assistance with household chores. The programs also have a person available to help coordinate the other services needed to remain at home (ex. housekeeping, meals-on-wheels, etc.). The majority of our clients need only these services and don't rely on nursing services. This is important to remember because many people believe this program has no benefit to them unless a nurse is needed.

The best way to figure out what is needed is to have a Service Coordinator come out for a home visit and talk to you and/or your family. They are accustomed to looking at the whole picture and figuring out ways to help. Anybody can call to set this up- the elder, the person assisting with care, a person at the clinic, a friend, the hospital, etc. When a Service Coordinator comes out for a visit, there is no charge to the client. If nursing services are needed there are charges, but there are several ways this can be paid.

The Block Nurse Program isn't an organization you join. You do provide needed information, but it's not a matter of enrolling or not. Some people use our services once a year, while others use them every week. Our goal is to provide whatever care is needed to maintain you in your home safely.

Advocacy at the clinics is a service that has become very important to our clients, their families and their health care practitioners. We will take clients to the doctor, lab, or any other necessary medical appointment and guide them through the visit, asking questions, following up when necessary and communicating with the families. This is a service that is free of charge to the client. This service is invaluable to us as well; some physicians are more appropriate to the senior population and we make referrals to those doctors.

It's in your best interest to become familiar with the staff at your local LAH/BNP. It's always easier to call on somebody when you're in need that isn't a total stranger. If a problem arises, you will know that there are many solutions available to you.

*Julie Poupore,
Program Director, Summit Hill LAH/BNP*

Grand Health Recycling

One year ago, Grand Health Chiropractic "changed hands" and made a conscientious decision to be more active in the community. Their favorite office saying is "if you wear out your body, where are you going to live?" This saying can hold true for our environment "if we wear out our environment, where are we going to live?"

Additionally, they have inspired their tenants to jump on the "recycling band wagon" and hope their participation will inspire other small businesses, if they are not currently, to consider doing their part in anyway possible to minimize garbage being dumped in landfills.

Grand Health Chiropractic
1154 Grand Avenue, 651-228-9000
E-mail: mail@grandhealthchiro.com



Sara Peters, left and Maureen Damman, right of Grand Health Chiropractic

National Night Out in St. Paul 2007

National Night Out is Tuesday, August 7th. The Saint Paul Police Department encourages you and your neighbors to use this day to declare that you will not tolerate criminal activity in YOUR neighborhood! Take a stand against crime and drugs by coming together with your neighbors. Use NNO as well as other neighborhood gatherings to get to know each other. In this way, you affirm that you will watch out for each other and for your respective properties.

Nothing works better for crime prevention than getting to know your neighbors, nothing!

National Night Out (NNO) 2007 celebrates 24 years of fighting crime by citizen action and community involvement. Remember that your event can be as simple or elaborate as you choose - and if you can't do it on NNO night, choose any other time of the year. It all works for the same purpose.

Celebrations can include sharing root beer floats or lemonade, hosting a pot luck dinner, planning games or activities and perhaps sidewalk chalk pictures about what safety looks like on your block. Don't forget to leave your outside lights during your event to "light the way" to increased neighborhood safety. You might even consider leaving your porch and outside lights on from dawn to dusk the whole year for the sake of crime prevention.

For more information on National Night Out nationwide, visit the web site of the National Association of Town Watch, www.natw.org. The Summit Hill Association is here throughout the year to help you with neighborhood get-together idea, flyer services, police/fire contacts, street closure information and more. Give us a call, 651-222-1222, for further information.

**40 - or more! -
idea's for your
event....**

- root beer floats
- visit with police/fire
- share lemonade
- play BINGO
- sidewalk chalk art
- pet parade
- barbecue



- roller blade
- share desserts
- cookie exchange
- jump rope
- live music
- street dance
- talent show
- welcome new residents
- ice cream social
- share pot luck dinner
- horseshoes
- face painting
- bike/stroller/wagon parade

- cookie exchange
- exchange recipes
- dunk tank
- progressive dinner
- play get to know your neighbor game
- Frisbee throw
- discuss crime prevention
- volleyball/badminton
- collect food for local food shelf
- croquet
- make a neighborhood banner
- invite a speaker
- exchange plants
- tell block history stories
- oldest resident award
- youngest resident award
- longest resident award
- basketball free throw contest
- duck pond
- kiddie walk (moon walk)
- piñata
- scavenger hunt
- cake walk
- lawn mower beauty contest
- organize block map with information
- make poster/past NNO photos
- voter registration drive
- neighbor of the year award

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Recycling Updates

Want to Recycle Your Cell Phone?

There are several options for Saint Paul resident to recycle their cell phones, or donate them for reuse. Eureka Recycling publicizes the following information through their hotline at 651-222-7678 and on-line in their A-Z guide under Recycling/Reuse at www.eurekarecycling.org.

Here are some of the options: Reuse

Most of the organizations listed below are interested only in working cell phones with the battery and charger. A few of them take any cell phone and sell it to be recycled if it can't be fixed. Be sure you have deactivated service before donating a phone. Call first to see if your cell phone will be accepted.

Alexandra House
P.O. Box 49039
Blaine, MN 55449
(763) 656-1365
Drop off or mail to the P.O. Box

Call to Protect
c/o Motorola
1580 E. Ellsworth Road
Ann Arbor, MI 48108

Project P.E.A.C.E.
5637 Brooklyn Blvd., Suite 201
Brooklyn Center, MN 55429
(763) 533-0733
Drop off phones in drop box in the Cub Foods in Brooklyn Center, at the office, or mail.

RSP Architects Inc.
1220 Marshall St. NE

Minneapolis, MN
(612) 339-0313
Drop off or mail to their Donate a Phone program.

Sojourner Project Inc.
P.O. Box 272
Hopkins, MN 55343
(952) 933-7433
Mail phones to P.O. Box.

Twin Cities Wireless
99 5th Ave. NW #900
New Brighton, MN
(651) 379-4000
Only accepted at this location.

University of MN, The Aurora Center
407 Boynton Health Services
410 Church Street SE
Minneapolis, MN 55455
(612) 626-2929

Women's Advocates
588 Grand Ave.
Saint Paul, MN
(651) 726-5217
Drop off any time (24 hour shelter).

Recycling:
Como Park Zoo and Conservatory
1225 Estabrook Drive
Saint Paul, MN 55103
(651) 487-8201

Drop off your cell phone at the Zoo Visitor's Center or at any Saint Paul Public Library branch. Cell phones are sent to Eco-Cell for recycling and the funds raised benefit "The Orangutan Conservancy".

Reduce Waste by Shopping Secondhand Stores

Check out the booklet "Saint Paul's Secondhand Stores Directory" developed by the Thomas-Dale District 7 Planning Council for lists of a number of secondhand stores in the greater St. Paul and surrounding areas that accept gently used clothes, household goods, furniture, electronics, books and toys. Written in 4 languages, English, Hmong, Spanish and Somali, this

handy listing encourages us not to simply donate our "extras" but also to consider shopping "Used First" as a means of fighting excess before it occurs. Stop by the SHA information table just outside our office at the Linwood Community Center to pick up one of these highly useful booklets or let SHA know you want a copy.

Linwood Athletic Fields Planning - Volunteers Needed!

The Linwood Park Booster Club is in need of additional volunteers to address some of the ideas in our recent meeting for improving the Linwood Athletic Fields. We will need volunteers for park planning, community outreach, marketing, and fundraising.

Our next step is to create a more concrete list of amenities and a visual display to present to the community. Some of the issues discussed by the community were:

- Create a Prime Field with grass & aggregate infield / outfield, announcer booth, dugouts, timed irrigation, etc

- Install Synthetic Turf to lower maintenance costs

- New bleachers integrated to retaining walls

- Better PARKING

- Net System to retain balls in park

- Minimize or eliminate Hockey and Skating to maintain better fields for baseball and soccer

Your input and volunteer time are welcome. **Contact us at LinwoodBoosters.org**



Free Market: Reuse and Save the Environment

Do you have things you'd like to give away? Are you looking for free stuff for your home and garden? The Free Market may be just what you're looking for.

The Free Market, a web-based exchange site of Eureka Recycling, connects people wanting to give away or get reusable items for free. If you have or want to find reusable items such as appliances, children's toys, electronics, furniture, home renovation materials, law and garden equipment, musical instruments, pet supplies, recreational and exercise equipment and many other categories ...you can contact the Free Market by going online at <http://www.twincities-freemarket.org> or call Eureka Recycling at 222-7678. Once on the website, you can list your items or review the list of

free items available. What could be easier? Reduce waste, protect the environment, help others and save money.

Items must be in good condition or in need of a little repair. Some items will take a few weeks or more to be exchanged. The person who wants an item will directly contact the person giving the item away to make arrangements for pick-up. The Free Market does not store or transport items.



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Linwood Rec Center News

Long-Time Linwood Rec Leader Wayne Howard Leaving

860 St. Clair Avenue
(651) 298-5660
TTY: (651) 266-6378

Building Hours:

Monday	7 a.m. – 9 p.m.
Tuesday	6 a.m. – 9 p.m.
Wednesday	7 a.m. – 9 p.m.
Thursday	6 a.m. – 9 p.m.
Friday	7 a.m. – 6 p.m.
Saturday	9 a.m. – 1 p.m.
Sunday	Closed

LINWOOD BOOSTER CLUB!

The Linwood Booster Club helps to make Linwood Recreation Center a nice and enjoyable place for you and your family. They have sponsored many events throughout the year and help make Linwood a relaxing and beautiful facility for you and your family. A yearly family membership provides your family with benefits, such as: reduced fees for team sports, free events, special mailings, possible tax deduction, and the opportunity to support activities, programs, facilities and equipment at Linwood Recreation Center. The registration fee is just \$15 per year. Registrations are available at Linwood Recreation Center. Join the club, become a member today.

PARENT/TODDLER GYM TIME

Linwood 651-298-5660
This is an unstructured gym time for parents and their toddlers to play in our gym during the fall, winter and spring. A variety of large movement toys will be available.
Thursdays
9:30-11:30 a.m. & 3:00-5:00 p.m.
Free
Ages 5 & under On-going

DANCE CLASSES

Instructor: Amy Lee
Call Linwood Recreation Center for upcoming sessions
Monday Classes:
Continuing Creative Movement 2
Ages 5-7, 3:45 p.m. – 4:30 p.m. \$50
Beginning Ballet/Tap
Ages 5-9, 4:30 p.m. – 5:15 p.m. \$50
Beginning Ballet 1
Ages 5-9, 5:15 p.m. – 6:00 p.m. \$50
Continuing Ballet/Tap
Ages 6-12, 6:00 p.m. – 7:00 p.m. \$50
Wednesday Classes:
Beginning Creative Movement/Yoga
Ages 3-5, 3:34 p.m. – 4:30 p.m. \$44
Beginning Ballet 1
Ages 5-9, 4:30 p.m. – 5:15 p.m. \$44
Beginning Ballet/Tap
Ages 5-10, 5:15 p.m. – 6:00 p.m. \$44
Intermediate Ballet 1
Ages 6-12, 6:00 p.m. – 7:00 p.m. \$44
Teen Yoga
Ages 11-16, 7:00 p.m. – 8:00 p.m. \$44

Dance Company/Create A Dance

Ages 11-16, 8:00 p.m. – 9:00 p.m. \$44
Amy offers a variety of classes for ages 3 - 16. Her Creative Movement classes explores basic movement and dance concepts while increasing strength and coordination, Ballet & Tap where students will learn the basic techniques essential to building the right muscles for this beautiful, yet demanding art form and Dance Company/ Create a Dance where choreography will be explored and created in group and individual forms. For further information on price range and registration please call Linwood Recreation Center at 651-298-5660, or stop by to pick up a flyer at the center.

KARATE: SOO BAHK DO KARATE

Instructor: Mike Kelly 651-690-1489
email: mike@kellyrenewals.com
From ages 6 to adults this is a traditional martial art emphasizing discipline, concentration self-confidence, personal development, self-defense, conditioning and more. Learn from and internationally ranked certified master instructor with 20+ years of experience. Introductory and family discount's available. For more information or to register, call or e-mail Mike Kelly.

White/Orange Belt Level, Fee: \$45/Mo.
Saturdays, On-going
10-10:50 a.m.
Tuesdays, On-going
4:30-5:30 p.m.

Green/Red Belt Level, Fee: \$45/Month
Saturdays, On-going
10:50am-11:40 a.m.
Tuesdays, On-going
5:30pm-6:30 p.m.

ADULT/SENIOR FITNESS & WELLNESS CLASSES AT LINWOOD

Our certified instructors at Linwood offer a variety of fitness and wellness classes to accommodate all levels of participants in fun atmosphere. All classes are \$5/session. Discounted punch cards are available for purchase. A 20 Fitness Punch Card is \$80, and a 12 Fitness Punch Card is \$54. Punch cards do not expire and may be used for any Linwood aerobics class. Punch cards may not be used for the Exercise/Weight room. For class descriptions pick up a SA3 brochure at Linwood Rec. Center.

Early Bird Cardio Workout

Instructor: Cliff Swynigan
Tuesday/Thurs. 6:00 a.m.

Pilates Based Exercise

Instructor: Cliff Swynigan
Tuesday/Thurs. 6:15 p.m.

Complete Fitness Challenge

Instructor: Colleen Tusa
Tuesday 10:30 a.m.
Friday 9:30 a.m.
Saturday 9:00 a.m.

Bosu Workout

Instructor: Teresa Davenport
Monday 9:15 a.m.

55 Plus Fitness

Instructor: Teresa Davenport
Tuesday/Thurs. 9:15 a.m.

Yoga

Instructor: Teresa Davenport
Wednesday 9:15 a.m. & 7:45 p.m.
Friday 12:00 p.m. & 1:15 p.m.

FITNESS/WEIGHT ROOM

Linwood 651-298-5660
This room consists of 7 nautilus Cybex machines, two treadmills, two stair climbers, and three exercise bicycles for cardiovascular training. Locker rooms are available for members. To use the equipment, you may pay daily fee of \$5 or purchase a three month membership.
Memberships:
Daily \$5
Single Adult (ages 18+) \$45
Single Students (ages 13+) \$35
*must show school I.D. if under 18
Family (ages 13+) \$60
Seniors (ages 55+) \$25

FALL YOUTH SPORTS REGISTRATION (July 9 – 20)

- Open to all St. Paul residents
- Non-St. Paul residents may register if they attend school in St. Paul
- A copy of the youth's birth certified must be on file at the recreation center
- Late registration will be accepted if roster space is available
- Late registrations may be charged a late fee

Soccer

Ages 5-6, 7-8, 11-12, 13-14

Volunteer Coaches

Saint Paul Parks and Recreation offers a variety of coaching opportunities in youth athletics. As a volunteer coach you can help develop young athletes, provide leadership, promote good sportsmanship and be a positive role model. If you have experience or are willing to learn coaching fundamentals, we can give you the necessary skills and tools. All coaches will be trained through Saint Paul's coaching certification program. All coaches are required to consent to a background check. The average time commitment is 3-5 hours per week for approximately 8 weeks. Please contact Linwood for more info!
(651) 298-5660



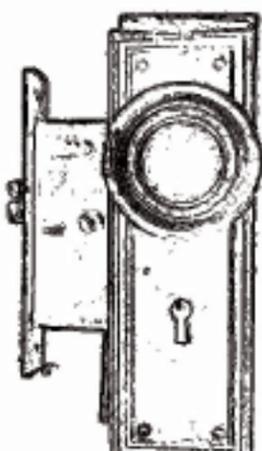
These days, when city staff members leave their positions, it has often been due to budget cutbacks. Certainly, the city budget deficits over the past couple years have impacted the St. Paul Park and Recreation Department. But the upcoming departure of Linwood Recreation Leader, Wayne Howard is fortunately a promotion.

Mr. Howard came to the Linwood Community Center staff in early 2002 from the Hancock Rec Center in the Midway Area where he was working since 1998. Howard got into recreation and the Park and Rec system because of his personal love of basketball. As he tells it, Howard played basketball for a coach at Jimmy Lee Rec Center when he was in eighth grade. When the coach moved to Hancock Rec Center as a recreation director, he needed help with one of the programs there and decided to hire Howard.

Over the past 5 years, Howard served as Linwood basketball coach for 12 and under boys' basketball and later for 14 and under. In addition to coaching, Howard staffs the center information desk, assisted the Summit Hill Association with setting up for meetings and has worked on special community event with the Linwood Booster Club. The Club had these comments to make about Howard's performance over the years and his departure:

"We have enjoyed Wayne's personality in his daily work at Linwood Recreation Center and witnessed his incredible guidance as a coach for several youth athletic teams. He has created cohesive, skilled teams from groups of kids who appreciate his teachings and his spirit...in spite of his tough work ethic in practice and during games. His contributions to the kids and programs at Linwood, and throughout the neighborhood have been remarkable. He has been a friendly face at Linwood for a long time, and we will miss his presence."

Next stop for Howard is a promotion to the St. Paul Parks & Rec Athletic Department as an assistant director responsible for organizing teams city-wide and making sure that fields and gyms are available. Thanks for all you've done, Wayne! All the best.



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Helpful Information

Helpful Numbers

St. Paul Citizen Service Office: 266-8989
Call the Citizen Service Office for general city information, requests for services, suggestions or complaints regarding city services.

Emergency **911**
Fire (non-emergency) 224-7811
Police (non-emergency) 291-1111
City Attorney 266-8710
Human Rights 266-8966
Animal Control 266-1100
Building Permits, Inspection and Design (LIEP) 266-9090
Forestry 632-5129
Libraries 266-7000
Parking Enforcement 266-5585
Parks and Recreation 266-6400
Planning & Economic Dev. 266-6700
Public Health 266-2400
Pothole and Street Repair 292-6600
St. Paul Regional Water Service 266-6350
Eureka Recycling 222-7678
Information about hazardous waste disposal, composting, yard waste disposal, environmental training and educational programming.

Housing Information
City Housing Services 266-6626
Renter Services, Foreclosure Prevention Program, Counseling & Education, First-time Home Buyer Help, Low-Interest Loans, Low Interest Loans for Home Buying, Rehab and Repair

Dispute Resolution Center 292-6067
Neighborhood Energy Consortium 221-4462
Energy audits, hOur Car Program, Saint Paul Classic Bike Tour

Environment and Energy Resource Center 227-7847
Emergency home energy loans & grants, low-interest rehab & repair loans, general home finance assistance, energy audits

City Exterior and Interior Complaint Units 266-8989
Inspectors enforce regulations on property issues. This includes, but is not limited to, environmental nuisance issues such as junk cars, junk in yards, rubbish, tall grass & weeds, maintenance and code violations on one & two-unit dwellings.

Local Elected Officials
Councilmember Dave Thune (Ward 2) 266-8620; dave.thune@ci.stpaul.mn.us
Mayor Chris Coleman 266-8510; mayor@ci.stpaul.mn.us
County Commissioner Toni Carter (District 4) 266-8364; toni.carter@co.ramsey.mn.us
County Attorney Susan Gaertner 266-3222
Attorney General Lori Swanson 296-6196; attorney.general@state.mn.us
State Senator Richard Cohen (Dist 64) .. 296-5931; sen.richard.cohen@senate.leg.state.mn.us
State Representative Erin Murphy (Dist. 64A) 296-8799; rep.erin.murphy@house.leg.state.mn.us

Solar Hot Water System Operating In Grand Avenue Apartment Building

In September 2006, Skally Management, the property owners of the apartment building at 622 Grand Avenue, installed a solar thermal system at the site to provide 75% of the hot water needs for the residents. Because of this solar thermal heat system, the management company estimated that 800 therms of natural gas will not be needed annually by this apartment building.

Aside from saving money in the long-term, this system also reduces pollution. In order to clean the air of pollution generated by 800 therms of natural gas over 30 years (9,640 pounds of carbon dioxide (CO2) generated each year, over 144 tons over 30 years), it's estimated that 482 mature trees would be needed to filter the air of the added CO2. In a small way, this buildings solar heat system helps the atmosphere by not adding to global warming. Finally, this solar thermal heat system also avoids the creation of another pollutant – mercury – which has been found to pollute and degrade our lakes and streams.

Skally Management initially paid over \$25,000 to have the system installed. However a special tax credit has been offered to businesses (and individuals) who install solar systems in 2006 and 2007, so the actual cost will be under \$20,000. If gas prices continue to go up 7% a year (as they have averaged over the previous 30 years) Skally Management should recover their expenses in ten years.

The system is made up of three main components: the solar panels (eight 4 foot by 10 foot panels), a heat exchanger, and two water storage tanks (see photos on page 9). A solution of glycol mixed with water cycles through the solar panels on the roof, down the side of the building, and into one side of the heat exchanger in the boiler room. Glycol is used in Minnesota because it can withstand temperatures of -100 degrees. In the boiler room there are two 120-gallon water tanks that store the water that is cycled through the other end of the heat exchanger where it gets the heat brought down by the glycol from the solar panels. These water tanks are connected to the gas hot water heater. If the sun does not heat the water enough, the hot water heater kicks on and heats it the rest of the way.

There is a big advantage to solar thermal heat versus solar electric: solar thermal works well even on cloudy days, where solar electric relies more on direct sunlight. So even on a cloudy day the panels will heat up.

Since September the system has preheated the water almost everyday, even on the days when it was below 0. In general it has preheated the water from 5-10 degrees on cold days to 40 or more degrees on warm days.

Way to go, Skally Management!

(see photos on opposite page)



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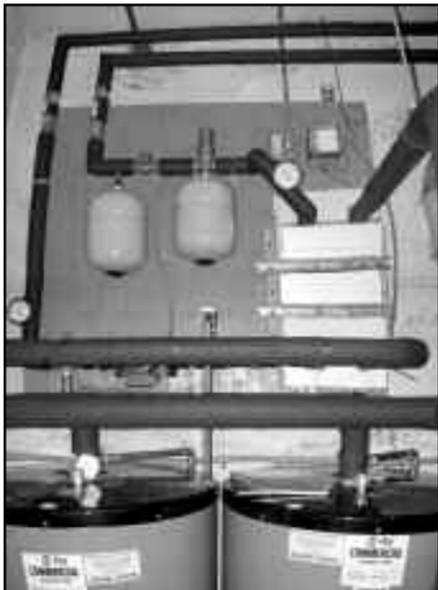
Solar Hot Water System Components



4' x 10' Solar panels



Additional Solar Panels



Heat exchanger and hot water storage tanks

Crime Prevention Connection

The Power of WE

National Night Out (NNO) is coming Tuesday, August 7th! If your area is lucky enough to have this get-together, you can take credit for having taken an important step towards crime prevention. While NNO is important, so are other neighborhood gatherings throughout the year – so if you can't get it together for the 7th, plan it for another time of the year!

NOTHING WORKS BETTER FOR CRIME PREVENTION THAN GETTING TO KNOW YOUR NEIGHBORS, NOTHING!

Your Summit Hill Association (SHA) is here throughout the year to help you with get-together ideas, flyer copying, police/fire contacts, street closure information and more. Give us a call, 651-222-1222, and exercise your power of "WE" soon.

With the daylight of summer beginning to wane, consider leaving your porch and outside lights from dusk to dawn to "light the way" to increased neighborhood safety throughout the year.

Community Impact Statements

Grand Avenue neighbors experienced a horrific crime in mid-June of this year. A couple was stalked and then attacked while in their apartment. The apartment was set on fire. Quick thinking by a passerby who reported seeing smoke coming from the apartment complex prevented further injury to persons and property. The alleged perpetrator has been charged with several counts of attempted murder, burglary, arson and kidnapping. The community was shocked and dismayed but has refused to become helpless in the face of this random tragedy.

In early July, the Summit Hill Association distributed letters of support for the victims and information about Community Impact Statements (CIS) to neighbors in the vicinity of the crime. By encouraging the submission of Community Impact Statements to the Ramsey County Attorney's Office who will be prosecuting this case, SHA hopes to help empower those affected by this crime.

A Community Impact Statement (CIS) is one way that individuals, businesses and communities can give a message, to judges and the criminal justice system

that a serious breach of community safety and peace of mind has occurred due to a crime. CIS's are descriptions of the impact (adverse social or economic effects) that a crime has had on the community where the offense occurred. These statements are a way for individuals and the community to take action in the face of the helpless feelings that may occur after a crime. Statements should be clear in describing the personal impact that the crime had on a person's life or business. The more specific about the crime, the more powerfully persuasive it will be to the presiding judge during the sentencing phase.

A CIS can provide information that will not be found in police reports. Again, completion of a CIS is an opportunity to directly impact the criminal justice system and make your voice heard. Finally, completing a CIS also sends a message of empathy and support to the victims of these crimes.

We extend our sympathies to those impacted by these recent crimes; and are committed to supporting the prosecution of the perpetrator to the full extent of the law. We therefore encourage the submission of Community Impact Statements by individuals and business to the Ramsey County Attorney General's Office who is prosecuting this crime.

If you would like further information on Community Impact Statements or to get copies of the form, please contact the SHA Office, 651-222-1222.

Hi Neighbor!

The next Block & Building Club Leader meeting will be held in late August (date as yet undetermined) at the Linwood Community Center on the topic; Internet Safety, Precautions and Crime Prevention Strategies for Cruising the Information Highway. Representatives from the St. Paul Police Department Internet Crimes Against Children Division and other experts will be on hand to discuss internet safety and answer questions. The community is invited to attend. Further information and meeting date along with other valuable information is available at the

SHA website, www.summithillassociation.org or by calling the SHA Office.

If you would like a copy of my previous column, "Take Charge: Fighting Back Against Identity Theft" along with a list of crime prevention identity theft tips from the August/September 2005 newsletter please give me a call.

Friendly Reminders:

School bells will soon be ringing and school buses roaming the neighborhood collecting scholars.

Please use extra caution when driving, exuberant children can sometimes forget safety rules!

Some personal safety tips for keeping your

children safe:

- Make sure your children know their name, address, phone and parents' names and how to place a phone call.
- Review bus loading/unload procedures with your child
- Encourage kids who walk to school to walk in groups
- Outfit your child with personal identification information that can be carried with them at all times.
- Remind your child never to open the door to anyone they do not know & never tell a phone caller or unknown visitor that they are home alone.
- Teach your kids how to use 911 in an emergency.
- Have a discussion with your children about who strangers are and what is suspicious
- Listen to what your children say and to what they don't say.

Suggestions & comments are always appreciated.

Diane Hilden
Crime Prevention Coordinator
Summit Hill Association
860 St Clair @ Linwood Community Center
cpcsummithill@visi.com
www.summithillassociation.org

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PRESENTATIONS • EASTER BRUNCH • MOTHER'S DAY • VARSITY CROQUET TEAM • MEMORIAL DAY PIG ROAST & POOL OPENER • SWIM TEAM • FOURTH OF JULY by the pool • DIVE-IN MOVIES • CLAY TENNIS COURT • CHILDREN'S PLAYGROUND • PERSONAL TRAINERS MEMBER'S FITNESS CENTER • WOMEN'S ONLY FITNESS CENTER • INVESTMENT CLUB • ROUNDTABLE for BUSINESS • ASSOCIATION with HILL REFERENCE LIBRARY • READINGS by WRITERS • BOOK CLUBS • G.K. CHESTERTON SOCIETY • JOHN ADAMS SOCIETY • MARTINI NIGHT • JAZZ • CLUB NIGHT EVERY FRIDAY NIGHT • MONTHLY NEWSLETTER • BANQUET & CATERING FACILITIES • REDUCED RATES at STOUT'S ISLAND and SEVEN PINES LODGES and more.

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St. Paul Community

What a Great Way to Clean the House! October 6th Summit Hill Neighborhood Garage Sale

The Summit Hill Association will once again sponsor a fall neighborhood garage sale on Saturday, October 6 from 9 a.m. until mid-afternoon.

Buying used goods saves money and gives you a chance to help the environment by recycling. Selling used items helps you clean out your attic basement or garage.

Participation fee!

This year, the participation fee has increased to \$15 fee for which participating households will receive copies of the Sale Site Listings flyer prior to the sale (also available to the community), two bright yellow "Summit Hill Garage Sale" posters, and advertising metro wide. SHA advertises the sale in the two daily city-wide newspapers, in smaller neighborhood papers and on the SHA website. Participating residents coordinate and staff their own garage sales and retain all proceeds. Consider having your own sale or join together with a neighbor. We must have 20 participants in order to hold the sale. If you wish to participate, please fill out the form below and send it to the SHA office by Friday, September 28th. If you have an email address, please include it so we can contact you easier.

Please note: Participants will need to pick up their flyers and posters at the SHA office after Thursday, October 4th. Additional flyers with the locations of all participating sales and the categories of items for sale will be available for the general public to pick up at the information table outside the SHA office in the Linwood Community Center starting Thursday, October 4th. On the day of the sale, each sale location will also have flyers made available.

For more information about the garage sale, call the SHA office at 222-1222.

Summit Hill Neighborhood Garage Sale Participation Form

Due to SHA office Friday, September 28

Name _____

Phone _____

Address of Sale _____

Email Address _____

Any special directions to reach your sale? _____

Check items you will have for sale:

- | | |
|--|---|
| <input type="checkbox"/> maternity clothing | <input type="checkbox"/> toys |
| <input type="checkbox"/> women's clothing | <input type="checkbox"/> sports equipment |
| <input type="checkbox"/> children's clothing | <input type="checkbox"/> cassettes/records/CD's/DVD's |
| <input type="checkbox"/> men's clothing | <input type="checkbox"/> dishes/household wares |
| <input type="checkbox"/> baby clothing | <input type="checkbox"/> appliances |
| <input type="checkbox"/> baby items | <input type="checkbox"/> garden/yard equip. |
| <input type="checkbox"/> furniture | <input type="checkbox"/> miscellaneous |
| <input type="checkbox"/> antiques | <input type="checkbox"/> Other _____ |

Mail with \$15 check to:

Summit Hill Association, 860 St. Clair Avenue, St. Paul, MN 55105

Lex-Ham Theater Productions Ready for Prime Time

The Belle of Boolavogue

The Lex-Ham Community Theater will present the regional premiere of the Irish playwright Seamus Burke's one-act gem, *The Belle of Boolavogue* on Aug 11-12. The play, set in 1950, tells the story of Maureen Cassidy, a 30-year old woman who lives with her mother, the widow Hemlock Cassidy. Maureen has decided that none of the available men in the local area are up to her standards for marriage, so she joins a Pen Pal Club and begins exchanging letters with Larry "the Lad" Dineen from the western shore of Ireland. The relationship deepens and comedy ensues.

Amanda Sterling-Rockswold directs the show. Actors in the show are: Sarah Chamberlain, Franklin Heller, Kjersten Johnson, Lori Martin, Paul Sterling-Rockswold, and Jamison Russell.

Performances will be at 7:30 p.m., Saturday, August 11 in the Black Box Theatre at Concordia University-St. Paul, 312 N Hamline Ave. and at 1:00 p.m., Sunday, August 12 at the University of Minnesota Showboat by Harriet Island near downtown St. Paul as part of the Minnesota Irish Fair. Both performances are free, but a free-will offering will be asked.

See www.lexhamarts.org/theater/200708/Show0708.htm or contact theater@LexHamArts.org for more information.

ater/200708/Show0708.htm or contact theater@LexHamArts.org for more information.

Reading Macbeth...and Pot-Luck

The next event in the Lex-Ham Community Theater's Shakespeare Reading Series will be *Macbeth* at 6:30 p.m., Friday, August 17, 2007 at 1184 Portland Avenue, St. Paul. "Fair is foul and foul is fair" in this classic play about the military hero Macbeth who, with the encouragement of his wife Lady Macbeth, yearns to become king and will not let anyone block his ambition from coming true.

The event starts with a pot-luck supper at 6:30 p.m. At 7:00, we start to read with parts being reassigned at the start of each scene, so everyone gets lots of chances to read. See www.LexHamArts.org/theater/Shakespeare/SRS.htm or call 651-644-3366 for more information. No registration is required. First timers are welcome. We ask only that you bring some food to share, a copy of the play, and a love of Shakespeare.

Urban Landreman
Lex-Ham Community Theater
www.LexHamArts.org/theater

SHA Website - A Good Source for Neighborhood Information

Established in June 2004, the Summit Hill Association Website at www.summithillassociation.org has grown in its ability to keep you up to date on neighborhood and city resources, Summit Hill events and opportunities for you to participate in the health and vitality of your community. Check us out and bookmark the address for future reference! In addition, we encourage residents to subscribe to the Electronic News List on the home page that provide up-to-date announcements on late-breaking events, public meetings and issues.

Among others things, the SHA Website has links and resource information on crime prevention, senior services, recycling, neighborhood improvement projects, a calendar of events and *The Summit* newsletter. Links connect you to the City of St. Paul, the Grand Avenue Business Association and other sites of interest to Summit Hill residents.

If you have suggestions on how we can improve the website site or on any other neighborhood concern, go to the "Contact SHA" link on the home page and give us your thoughts!

www.summithillassociation.org

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& Business News

IN THE SPOTLIGHT: Amoré: Coffee with a capital C

by Benno Groeneveld



Cathy Hauser, owner of Amoré Coffee on Grand Avenue

Cathy Hauser, who bought Amore with her partner Nancy almost three years ago, became interested in coffee when she worked for a local coffee roaster while she studied at Macalester College. "He turned me on to good coffee, understanding different roasts and coffee regions of the world."

Since then, coffee has become "my passion," she says, "I love coffee." Hauser wants to share that love and plans to start holding "cuppings" to teach Amoré's customers about coffee. Because coffee isn't just coffee, "coffee has seasons, it differs depending on what region of the world it was grown, what kind of weather they had during the growing season," and many other factors. All with one goal in mind to create a cup of coffee that "wows you when you take a sip," Hauser says.

Hauser, who was born in St. Paul and grew up in White Bear Lake, has a long connection with Grand Avenue, her

mother owned The Gathering, a gift shop in Victoria Crossing. Hauser and her partner are the third owners of Amoré, located at 917 Grand. The café not only brews an award-winning cup of java, it also offers a wide range of sandwiches and snacks. Again, not just the usual fare, but lots vegetarian and even vegan food. And (surprisingly tasty) gluten-free cookies, muffins and other baked goods.

Amoré is a "green" coffee shop; its cups look like plastic but are made from corn and are biodegradable. Amoré even has a conference room available, where book clubs, AA groups and businesses meet for the price of a pot of coffee. Hauser also started music evenings: folk music on Fridays at 7, jazz on Sundays at 6:30 p.m.

The only problem, Hauser says, is that the place is getting too small. She is looking for additional space, Amoré II.

Have an Idea? Let Us Know!

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Gabbing On Grand Grand Avenue Business Association

Grand Old Day 2007

Thank you to everyone who participated in Grand Old Day! The new additions to the event, designed to add more art, culture and organic performance, were well received.

One of those additions was the Grand Old Day Art Fair, sponsored in part by The Grand Hand Gallery and Skally's Tax Service. Ann Ruhr Pifer, owner of The Grand Hand Gallery, donated her time to the event by hand selecting among the area's most talented artists. "The St. Paul and Grand Avenue neighborhoods are very arts-aware communities," says Ann. "The Art Fair is a natural fit and even more important now that these artists have lost the venues once provided by the Minnesota Craft Council." The dissolution of the Minnesota Craft Council earlier this year is costing local artists events to display and sell their work, making the Grand Avenue Art Fair a much-needed option. We look forward to the expansion of this area in 2008.

As guests meandered down the street this year, many were surprised and delighted by new Grand Old Day Street Shows. These performances started early in the morning and continued throughout the day, showcasing a wide variety of diverse talent. From speed painting artist JAO, to Mount Olivet Gospel Choir, vaudevillian mime artist Mikeal Rudolph, juggler Matt Malanz, UNL Drill team, and Orkestar Bez Ime (an ethnic music and dance troop), people gathered, laughed, cried, danced and enjoyed these truly unique performances.

Mark your calendar - Grand Old Day will celebrate its 35th year on Sunday, June 1, 2008!

Paws on Grand

Grand Avenue businesses invited guests to shop for a cause on July 14, during the 2nd annual Paws on Grand. Dogs, cats and other pets - and their human companions - enjoyed great sidewalk sales, treats, toys, contests, hand-made books, pet food, live music, photo ops and much more! Participating businesses donated a portion of sales during the event to the newly merged Humane Society.

Grand Old Day 2007



Linwood A+ School takes part in the Grand Old Day Parade



Mark Sutherland and Dave Ramberg, SHA Board members selling refreshments for SHA fundraising



Speed painting artist JAO fast on her feet at Grand Old Day new Art Fair

Taste of Grand

Grand Avenue's next event, Taste of Grand, will take place in late September. This old favorite will have a new twist - watch for the exciting details at www.grandave.com. For information on upcoming events and member businesses visit www.grandave.com and sign up to receive Grand Avenue e-mails to stay up-to-date on Avenue events.

www.grandave.com



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